

Individual Best Times (All Time)

Teigan Stanhope - (873937) - Sevenoaks SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.66	30.00	456	13/02/16	Kent Swimming Championships 2016	London	SE160331	1
100 Freestyle	1:05.15	1:03.90	500	27/07/15	Swim Wales Summer Open Meet	Swansea	WL150507	1
200 Freestyle	2:21.32	2:18.80	509	29/07/15	Swim Wales Summer Open Meet	Swansea	WL150507	1
400 Freestyle	4:57.23	4:52.50	496	28/07/15	Swim Wales Summer Open Meet	Swansea	WL150507	1
800 Freestyle	10:18.22	10:08.80	482	24/01/16	Kent Swimming Championships 2016	Crystal Palace	SE160328	1
50 Butterfly	32.86	32.30	410	14/02/16	Kent Swimming Championships 2016	London	SE160331	1
100 Butterfly	1:13.67	1:12.60	427	06/02/16	Kent Swimming Championships 2016	Crystal Palace	SE160330	1
200 Butterfly	2:48.36	2:46.50	378	06/02/16	Kent Swimming Championships 2016	Crystal Palace	SE160330	1
200 Individual Medley	2:41.46	2:39.00	476	14/02/16	Kent Swimming Championships 2016	London	SE160331	1
400 Individual Medley	5:44.66	5:39.50	459	23/01/16	Kent Swimming Championships 2016	Crystal Palace	SE160328	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.44	31.10	427	29/11/15	Sevenoaks SC Club Championships 2015	Sevenoaks	SE151944	4
100 Freestyle	1:03.34	1:04.60	499	07/03/15	2015 Kent County Swimming Championships	Gillingham	CC150173	2
200 Freestyle	2:16.47	2:19.00	528	05/07/15	Guildford City Summer Festival	Guildford	SE150164	3
400 Freestyle	4:43.49	4:48.40	543	28/02/15	2015 Kent County Swimming Championships	Gillingham	CC150172	2
800 Freestyle	9:51.57	10:01.30	525	16/12/14	Maidstone Club Championships 2014	Maidstone	SE4881	4
1500 Freestyle	19:01.32	19:19.30	503	09/12/14	Maidstone Club Championships 2014	Maidstone	SE4880	4
50 Breaststroke	40.63	41.40	340	28/11/15	Sevenoaks SC Club Championships 2015	Sevenoaks	SE151944	4
100 Breaststroke	1:27.31	1:28.70	364	29/11/15	Sevenoaks SC Club Championships 2015	Sevenoaks	SE151944	4
200 Breaststroke	3:06.00	3:08.80	378	28/11/15	Sevenoaks SC Club Championships 2015	Sevenoaks	SE151944	4
50 Butterfly	32.58	33.20	419	29/11/15	Sevenoaks SC Club Championships 2015	Sevenoaks	SE151944	4
100 Butterfly	1:11.96	1:13.00	423	04/04/15	Medway ASA Championships 2015	Gillingham	SE150196	4
200 Butterfly	2:41.73	2:43.70	404	26/09/15	Basildon & Phoenix Season Opener Meet	Basildon	ER150236	2
50 Backstroke	35.88	36.40	348	28/11/15	Sevenoaks SC Club Championships 2015	Sevenoaks	SE151944	4
100 Backstroke	1:14.84	1:15.90	394	04/04/15	Medway ASA Championships 2015	Gillingham	SE150196	4
200 Backstroke	2:39.21	2:41.30	416	16/11/14	Medway ASA Championships 2014	Gillingham	SE4442	4
200 Individual Medley	2:37.12	2:39.60	466	01/03/15	2015 Kent County Swimming Championships	Gillingham	CC150172	2
400 Individual Medley	5:32.43	5:37.70	472	25/11/14	Maidstone Club Championships	Maidstone	SE4878	4
100 Individual Medley	1:15.72	1:15.70	415	29/11/15	Sevenoaks SC Club Championships 2015	Sevenoaks	SE151944	4