

Individual Best Times (All Time)

Elise Sherwin - (873771) - Portsmouth Northsea SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.23	28.50	526	27/03/16	Portsmouth Northsea Easter Festival	Portsmouth	SE160363	1
100 Freestyle	1:02.78	1:01.40	558	19/07/15	Portsmouth Northsea End of Season Meet	Portsmouth	SE150139	3
200 Freestyle	2:16.94	2:14.40	559	18/07/15	Portsmouth Northsea End of Season Meet	Portsmouth	SE150139	3
400 Freestyle	5:00.59	4:55.90	480	03/04/15	Portsmouth Northsea Easter Festival L1 Meet	Portsmouth	SE150138	1
50 Breaststroke	39.87	39.10	391	15/03/15	Hampshire County ASA Championships	Portsmouth	CC150887	1
100 Breaststroke	1:33.63	1:32.30	321	13/07/13	Portsmouth Northsea End of Season Meet	Portsmouth	SE3309	3
50 Butterfly	31.68	31.10	458	25/03/16	Portsmouth Northsea Easter Festival	Portsmouth	SE160363	1
100 Butterfly	1:11.59	1:10.50	465	06/02/16	Hampshire County Swimming Championships 2016	Portsmouth	SE160577	1
50 Backstroke	35.34	34.80	439	05/04/15	Portsmouth Northsea Easter Festival L1 Meet	Portsmouth	SE150138	1
100 Backstroke	1:16.39	1:15.30	422	15/03/15	Hampshire County ASA Championships	Portsmouth	CC150887	1
200 Backstroke	2:45.98	2:44.00	408	11/01/15	Portsmouth Northsea January L1 Meet	Portsmouth	SE150137	1
200 Individual Medley	2:41.16	2:38.70	479	14/03/15	Hampshire County ASA Championships	Portsmouth	CC150878	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.06	29.80	491	28/11/15	Portsmouth Northsea Christmas Cracker 2015	Portsmouth	SE152322	3
100 Freestyle	1:01.35	1:02.70	549	28/11/15	Portsmouth Northsea Christmas Cracker 2015	Portsmouth	SE152322	3
200 Freestyle	2:16.98	2:19.50	522	29/11/14	Portsmouth Northsea Christmas Cracker	Portsmouth	SE14728	4
400 Freestyle	4:56.19	5:00.90	476	26/10/14	Portsmouth Northsea Halloween Meet	Portsmouth	SE14424	3
50 Breaststroke	39.52	40.30	369	23/11/14	Peter Bull Open Meet	Waterlooville	SE14580	3
100 Breaststroke	1:29.65	1:31.00	336	07/02/14	Portsmouth Northsea Level 4 Meet	Portsmouth	SE4005	4
200 Breaststroke	3:31.89	3:34.40	256	10/12/11	Portsmouth Northsea Club Championships	Portsmouth	SE1580	4
50 Butterfly	32.39	33.00	426	22/11/14	Peter Bull Open Meet	Waterlooville	SE14580	3
100 Butterfly	1:12.63	1:13.70	412	23/07/16	Portsmouth Northsea Summer Championships	Portsmouth	SE161224	4
50 Backstroke	34.56	35.10	389	22/11/14	Peter Bull Open Meet	Waterlooville	SE14580	3
100 Backstroke	1:13.58	1:14.70	415	30/11/14	Portsmouth Northsea Christmas Cracker	Portsmouth	SE14423	2
200 Backstroke	2:53.84	2:55.80	320	16/11/12	Portsmouth Northsea SC Club Championships	Portsmouth	SE2826	4
200 Individual Medley	2:41.23	2:43.70	431	29/11/14	Portsmouth Northsea Christmas Cracker	Portsmouth	SE14423	2
100 Individual Medley	1:13.24	1:13.20	459	28/11/15	Portsmouth Northsea Christmas Cracker 2015	Portsmouth	SE152322	3