## **Individual Best Times (All Time)**

Thomas Boyt - (872705) - Felixstowe SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.92	24.10	590	01/05/22	SE East Region Long Course Championships 2022	Norwich	ER220677	1
100 Freestyle	56.04	54.50	584	30/04/23	East Midlands Regional LC Championships 2023	Derby	EM230742	1
1500 Freestyle	18:05.34	17:46.20	516	20/01/18	Norfolk County Championships 2018	Norwich	ER180290	1
50 Breaststroke	31.98	31.00	534	07/08/21	British Swimming Festival of Swimming East Region	London Aquatic Centr	ER210171	1
100 Breaststroke	1:12.75	1:11.00	477	17/02/19	BUCS Long Course Swimming Championships 2019	Sheffield	NE190155	1
50 Butterfly	26.93	26.20	565	05/05/19	Swim England East Region Long Course Champs	Inspire Luton	ER190178	1
100 Butterfly	1:00.06	58.80	558	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	ER190178	1
200 Butterfly	2:30.23	2:28.10	396	30/04/17	ASA East Long Course Championships	Luton	ER170219	1
50 Backstroke	29.58	28.90	504	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	ER190178	1
100 Backstroke	1:02.62	1:01.30	559	05/05/19	Swim England East Region Long Course Champs	Inspire Luton	ER190178	1
200 Backstroke	2:18.64	2:16.20	526	06/05/18	East Swimming Long Course Championships 2018	Norwich	ER180213	1
200 Individual Medley	2:22.38	2:19.60	513	05/11/17	East Region Winter Championships	Norwich	ER170911	1
400 Individual Medley	5:11.25	5:05.60	472	05/05/18	East Swimming Long Course Championships 2018	Norwich	ER180213	1

## **Short Course**

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.62	25.40	549	05/11/22	SE East Region Short Course Championships 2022	Luton	ER221639	2
100 Freestyle	53.93	55.50	574	07/11/21	SE East Region Short Course Championships	Luton	ER211117	2
200 Freestyle	1:59.55	2:02.40	574	18/03/18	Team Ipswich March Open 2018	Ipswich	ER180342	3
400 Freestyle	4:20.08	4:25.40	543	06/01/19	Sudbury & District January Last Chance Time Trial	Sudbury	ER190028	3
1500 Freestyle	17:14.06	17:33.80	549	02/12/17	BPSC 800 & 1500 County & Regional Qualifier	Basildon	ER172325	3
50 Breaststroke	30.88	31.90	527	07/11/21	SE East Region Short Course Championships	Luton	ER211117	2
100 Breaststroke	1:08.93	1:10.70	515	02/11/19	Swim England East Region Short Course Champs 2019	Basildon	ER192086	2
200 Breaststroke	2:33.07	2:36.50	483	16/12/18	STOWMARKET NO FRILLS OPEN MEET	STOWMARKET	ER182522	3
50 Butterfly	26.42	27.10	557	05/11/22	SE East Region Short Course Championships 2022	Luton	ER221639	2
100 Butterfly	59.10	1:00.40	528	16/11/19	BUCS Short Course Swimming Championships 2019	Sheffield	NE193130	2
200 Butterfly	2:18.95	2:21.20	454	18/12/16	Stowmarket No Frills Open Meet	Stowmarket	ER162384	3
50 Backstroke	28.40	29.10	471	07/11/21	SE East Region Short Course Championships	Luton	ER211117	2
100 Backstroke	59.84	1:01.20	526	03/02/19	Suffolk County Championships 2019	Ipswich	ER190366	2
200 Backstroke	2:10.43	2:13.00	531	19/11/17	Teamipswich November Open 2017	Ipswich	ER171868	3
200 Individual Medley	2:15.05	2:17.90	534	06/01/19	Sudbury & District January Last Chance Time Trial	Sudbury	ER190028	3
400 Individual Medley	4:49.29	4:55.30	534	17/03/18	Team Ipswich March Open 2018	Ipswich	ER180342	3
100 Individual Medley	1:01.08	1:01.10	525	30/11/19	Suffolk ASA Winter League Grand Final	Ipswich	ER193204	3

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