

Individual Best Times (All Time)

Isabella Watt - (871729) - Clitheroe Dolphins SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.51	30.80	420	15/03/14	Lancashire County Championships	Manchester	CC4087	1
100 Freestyle	1:08.91	1:07.70	422	10/05/14	City of Manchester Aquatics Open Meet	Manchester	NW4425	1
200 Freestyle	2:34.85	2:32.60	387	10/03/13	Lancashire Age Group County Championships	Manchester	CC3061	1
50 Backstroke	37.60	37.10	364	18/03/12	Lancashire County Championships	Manchester	CC2016	1
100 Backstroke	1:21.72	1:20.70	345	12/05/13	City of Manchester AST The Manchester Open	Manchester	NW3080	1
200 Backstroke	2:54.97	2:53.10	348	12/05/13	City of Manchester AST The Manchester Open	Manchester	NW3080	1
200 Individual Medley	3:03.75	3:01.60	323	11/05/13	City of Manchester AST The Manchester Open	Manchester	NW3080	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.40	31.10	429	15/02/14	ESSA North West Individual Championships	Bolton	NW4098	3
100 Freestyle	1:06.60	1:07.80	429	19/01/14	North Lancashire Age Groups 2014	Blackpool	NW4147	3
200 Freestyle	2:27.64	2:30.00	417	19/01/14	North Lancashire Age Groups 2014	Blackpool	NW4147	3
800 Freestyle	11:13.60	11:22.10	356	20/01/13	North Lancashire AG & Youth Champs	Blackpool	NW3160	3
50 Breaststroke	42.60	43.30	295	01/02/14	North Lancashire Age Groups, Youth & Champs	Blackpool	NW4148	3
100 Breaststroke	1:39.46	1:40.70	246	28/10/12	North Lancs SC L3 Meet	Blackpool	NW2607	3
200 Breaststroke	3:28.45	3:31.00	269	28/10/12	North Lancs SC L3 Meet	Blackpool	NW2607	3
50 Butterfly	35.92	36.40	312	07/12/13	Preston Christmas Countdown 2013	Blackburn	NW3331	3
100 Butterfly	1:25.54	1:26.40	252	28/10/12	North Lancs SC L3 Meet	Blackpool	NW2607	3
50 Backstroke	35.98	36.50	345	15/02/14	ESSA North West Individual Championships	Bolton	NW4098	3
100 Backstroke	1:15.59	1:16.60	382	15/02/14	ESSA North West Individual Championships	Bolton	NW4098	3
200 Backstroke	2:44.08	2:46.10	380	19/01/13	North Lancashire AG & Youth Champs	Blackpool	NW3160	3
200 Individual Medley	2:50.06	2:52.40	367	16/11/13	Wigan BEST Future Stars Meet	Wigan	NW3720	1
100 Individual Medley	1:17.28	1:17.30	390	15/02/14	ESSA North West Individual Championships	Bolton	NW4098	3