

# Individual Best Times (All Time)

## Mackenzie Best - (869315) - Llandudno Swimming

### Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.96	30.30	308	02/08/14	Swim Wales Summer Nationals 2014	Swansea	WAL585	1
100 Freestyle	1:16.64	1:15.50	228	12/01/13	British Gas Swim Wales New Year Meet	Swansea	WAL469	1
200 Freestyle	2:48.77	2:46.70	220	12/01/13	British Gas Swim Wales New Year Meet	Swansea	WAL469	1
400 Freestyle	5:59.07	5:55.10	230	12/01/13	British Gas Swim Wales New Year Meet	Swansea	WAL469	1
1500 Freestyle	23:02.33	22:47.30	250	11/01/13	British Gas Swim Wales New Year Meet	Swansea	WAL469	1
100 Breaststroke	1:41.70	1:40.40	174	12/01/13	British Gas Swim Wales New Year Meet	Swansea	WAL469	1
200 Breaststroke	3:32.72	3:30.20	205	11/01/13	British Gas Swim Wales New Year Meet	Swansea	WAL469	1
100 Butterfly	1:32.91	1:32.10	150	12/01/13	British Gas Swim Wales New Year Meet	Swansea	WAL469	1

### Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.96	31.60	276	28/09/14	Conwy County Aquatics Closed Invitational	Llandudno	WAL594	4
100 Freestyle	1:08.06	1:09.30	285	23/03/14	Wrexham Crystal Meet	Wrexham	WAL554	3
200 Freestyle	2:38.56	2:40.70	246	25/05/13	Swim Conway Whitsun Meet	Llandudno	WAL498	2
400 Freestyle	5:19.78	5:24.10	292	28/09/14	Conwy County Aquatics Closed Invitational	Llandudno	WAL594	4
1500 Freestyle	22:39.56	22:54.70	241	19/10/13	Swim Conway Autumn Meet	Llandudno	WAL523	1
50 Breaststroke	43.97	44.70	182	12/04/14	City of Bangor Diddy Meet	Bangor	WAL559	4
100 Breaststroke	1:30.88	1:32.30	225	28/09/14	Conwy County Aquatics Closed Invitational	Llandudno	WAL594	4
200 Breaststroke	3:26.71	3:29.30	196	28/09/13	Swim Conway Closed Invitation Meet	Llandudno	WAL518	4
50 Butterfly	36.37	36.90	213	12/04/14	City of Bangor Diddy Meet	Bangor	WAL559	4
100 Butterfly	1:23.76	1:24.70	185	13/07/14	Swim Conway Len Thomas Memorial Meet	Llandudno	WAL584	2
50 Backstroke	38.21	38.70	193	13/07/14	Swim Conway Len Thomas Memorial Meet	Llandudno	WAL584	2
100 Backstroke	1:19.92	1:20.90	221	28/09/14	Conwy County Aquatics Closed Invitational	Llandudno	WAL594	4
200 Backstroke	2:47.64	2:49.60	250	27/09/14	Conwy County Aquatics Closed Invitational	Llandudno	WAL594	4
200 Individual Medley	2:55.63	2:57.90	243	27/09/14	Conwy County Aquatics Closed Invitational	Llandudno	WAL594	4
400 Individual Medley	6:46.48	6:50.80	192	23/09/12	Swim Conway Closed Invitation Meet	Llandudno	WAL446	4
100 Individual Medley	1:21.54	1:21.50	220	13/07/14	Swim Conway Len Thomas Memorial Meet	Llandudno	WAL584	2