

# Individual Best Times (All Time)

Neve Deal - (868865) - East Invicta eXcel

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Butterfly	31.89	31.30	449	11/02/18	Kent Swimming Championships 2018	London	SE180335	1
100 Butterfly	1:14.17	1:13.10	418	03/02/18	Kent Swimming Championships 2018	Crystal Palace	SE180334	1
200 Butterfly	2:50.98	2:49.10	361	03/02/18	Kent Swimming Championships 2018	Crystal Palace	SE180334	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.50	31.20	424	20/11/17	Folkestone Sports Centre Club Championships	Folkestone	SE172271	4
100 Freestyle	1:05.40	1:06.70	453	06/11/17	Folkestone Sports Centre Club Championships	Folkestone	SE172269	4
200 Freestyle	2:32.28	2:34.50	380	21/11/16	Folkestone Club Championships	Folkestone	SE162176	4
400 Freestyle	5:21.56	5:25.90	372	20/11/17	Folkestone Sports Centre Club Championships	Folkestone	SE172271	4
800 Freestyle	11:19.06	11:27.50	347	01/12/17	Folkestone Sports Centre Club Championships	Folkestone	SE172273	4
1500 Freestyle	21:47.65	22:03.40	335	10/09/18	Folkestone Sports Centre Club Championships 2018	Folkestone	SE181753	4
50 Breaststroke	40.09	40.90	354	01/07/18	Folkestone Sports Centre Club Championships 2018	Folkestone	SE181752	4
100 Breaststroke	1:28.57	1:30.00	349	07/11/16	Folkestone Club Championships	Folkestone	SE162172	4
200 Breaststroke	3:15.47	3:18.20	326	25/11/16	Folkestone Club Championships	Folkestone	SE162177	4
50 Butterfly	31.91	32.50	445	06/01/18	Dover & Canterbury Icebreaker 2018	Kent	SE180291	3
100 Butterfly	1:09.84	1:10.90	463	13/11/17	Folkestone Sports Centre Club Championships	Folkestone	SE172270	4
200 Butterfly	2:41.01	2:43.00	409	08/04/18	Canterbury & Thanet Spring Regional Qualifier	Canterbury	SE180461	3
50 Backstroke	35.40	36.00	362	24/06/17	Herne Bay Summer Sprints Extraganza	Canterbury	SE170307	3
100 Backstroke	1:18.07	1:19.10	347	18/11/16	Folkestone Club Championships	Folkestone	SE162175	4
200 Backstroke	2:52.29	2:54.20	329	14/11/16	Folkestone Club Championships	Folkestone	SE162174	4
200 Individual Medley	2:44.44	2:46.80	406	03/11/17	Folkestone Sports Centre Club Championships	Folkestone	SE172268	4
400 Individual Medley	5:51.68	5:56.60	399	27/11/15	Folkestone Sports Centre SC Club Championships	Folkestone	SE152148	4
100 Individual Medley	1:16.93	1:16.90	396	21/11/16	Folkestone Club Championships	Folkestone	SE162176	4