

# Individual Best Times (All Time)

David Timms - (8686) - Metropolitan Police SC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.66	31.30	284	27/09/14	Borough of Harrow Club Championships	Barnet	LR14230	4
100 Freestyle	1:07.09	1:08.30	298	25/09/11	Borough of Harrow Club Championships	Harrow	LR1383	4
200 Freestyle	2:30.30	2:32.60	288	25/09/11	Borough of Harrow Club Championships	Harrow	LR1383	4
400 Freestyle	5:26.94	5:31.20	273	24/09/11	Borough of Harrow Club Championships	Harrow	LR1383	4
1500 Freestyle	22:24.67	22:40.00	249	04/10/09	Harrow & Wealdstone CC	Harrow School	LR9618	4
50 Butterfly	34.97	35.50	240	27/09/14	Borough of Harrow Club Championships	Barnet	LR14230	4
100 Butterfly	1:19.65	1:20.60	215	27/09/09	Harrow & Wealdstone Champs	Barnet	LR9617	4