

Individual Best Times (All Time)

Max Twining - (867466) - Marlborough Penguins ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.53	24.70	549	04/05/19	ASA SWR Summer Championships	Plymouth	SW190488	1
100 Freestyle	57.05	55.60	554	23/03/19	Millfield Street Super Series (LC)	Millfield	SW190330	1
50 Breaststroke	30.04	29.00	644	27/05/19	Plymouth Leander National Qualifier L1 LC Open	Plymouth	SW191273	1
100 Breaststroke	1:07.06	1:05.20	610	04/05/19	ASA SWR Summer Championships	Plymouth	SW190488	1
200 Breaststroke	2:38.77	2:35.40	493	05/05/18	ASA SWR Summer Championships	Plymouth	SW180512	1
50 Butterfly	28.74	28.10	465	23/03/19	Millfield Street Super Series (LC)	Millfield	SW190330	1
50 Backstroke	29.26	28.60	521	05/05/19	ASA SWR Summer Championships	Plymouth	SW190488	1
100 Backstroke	1:10.03	1:08.90	400	19/11/17	Team Bath AS Autumn Level 1 & Level 3 Open Meet	Hengrove	SW171274	1
200 Individual Medley	2:30.18	2:27.50	437	05/05/18	ASA SWR Summer Championships	Plymouth	SW180512	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.96	25.80	526	03/11/19	South West Region Winter SC Championships	Millfield	SW192612	2
100 Freestyle	54.73	56.20	549	06/07/19	Marlborough Penguins Club Championships 2019	Marlborough	SW192121	4
200 Freestyle	2:06.22	2:08.90	487	08/07/18	Marlborough Penguins Club Championships 2018	Marlborough College	SW181428	4
400 Freestyle	4:36.47	4:41.50	452	08/07/18	Marlborough Penguins Club Championships 2018	Marlborough College	SW181428	4
1500 Freestyle	19:28.97	19:46.50	380	10/07/17	Marlborough Penguins Club Championship 2017	Marlborough	SW171220	4
50 Breaststroke	29.28	30.30	618	06/11/22	SWR Short Course Winter	Millfield	SW221964	2
100 Breaststroke	1:05.42	1:07.30	603	06/07/19	Marlborough Penguins Club Championships 2019	Marlborough	SW192121	4
200 Breaststroke	2:34.43	2:37.80	471	04/12/22	Tigersharks Winter L3 Meet	Swindon	SW220595	3
50 Butterfly	27.64	28.30	487	16/10/22	Millfield & Team Bath AS Level 2 Short Course Meet	Millfield	SW221660	2
100 Butterfly	1:04.82	1:06.00	400	04/12/22	Tigersharks Winter L3 Meet	Swindon	SW220595	3
200 Butterfly	2:52.41	2:54.20	238	15/10/17	Marlborough Penguins 2nd Emperor Meet	Marlborough	SW171854	3
50 Backstroke	27.92	28.60	496	06/07/19	Marlborough Penguins Club Championships 2019	Marlborough	SW192121	4
100 Backstroke	1:03.84	1:05.10	433	03/12/22	Tigersharks Winter L3 Meet	Swindon	SW220595	3
200 Backstroke	2:23.69	2:26.00	397	03/02/18	Wiltshire Age Group Championships 2018	Swindon	SW180199	3
200 Individual Medley	2:21.99	2:24.70	460	03/02/18	Wiltshire Age Group Championships 2018	Swindon	SW180199	3
400 Individual Medley	5:15.35	5:20.90	412	04/02/18	Wiltshire Age Group Championships 2018	Swindon	SW180199	3
100 Individual Medley	1:01.38	1:01.40	517	19/01/20	Wiltshire County Age Group & Championships 2020	Swindon	SW200127	2