

# Individual Best Times (All Time)

Amelia Doland - (866774) - Biggleswade SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.39	30.70	425	12/04/15	Team Luton April Long Course Meet	Luton	ER150341	1
100 Freestyle	1:10.93	1:09.70	387	19/07/15	Basildon & Phoenix LC End of Season Meet	Basildon	ER150046	3
200 Freestyle	2:41.45	2:39.30	341	08/03/15	Bedfordshire ASA County Championships	Luton	CC150189	1
400 Freestyle	5:35.31	5:31.10	345	21/03/15	Bedfordshire ASA County Championships	Luton	CC150190	1
50 Butterfly	39.14	38.70	243	22/03/15	Bedfordshire ASA County Championships	Luton	CC150190	1
50 Backstroke	37.70	37.20	361	12/04/15	Team Luton April Long Course Meet	Luton	ER150341	1
100 Backstroke	1:19.88	1:18.90	369	19/07/15	Basildon & Phoenix LC End of Season Meet	Basildon	ER150046	3
200 Backstroke	2:56.59	2:54.70	339	08/03/15	Bedfordshire ASA County Championships	Luton	CC150189	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.74	32.40	377	25/10/15	Flitwick Dolphins Open Meet 2015	Biggleswade	ER150962	3
100 Freestyle	1:07.94	1:09.20	404	24/10/15	Flitwick Dolphins Open Meet 2015	Biggleswade	ER150962	3
200 Freestyle	2:29.17	2:31.50	404	10/05/15	Mid Beds Swim Squad Level 3 Open Meet	Biggleswade	ER150500	3
400 Freestyle	5:15.08	5:19.50	395	10/05/15	Mid Beds Swim Squad Level 3 Open Meet	Biggleswade	ER150500	3
800 Freestyle	12:11.42	12:19.30	278	03/11/13	Biggleswade Club Championships	Biggleswade	ER3650	4
50 Breaststroke	55.42	56.00	134	09/02/13	Biggleswade Club Championships	Biggleswade	ER3343	4
100 Breaststroke	1:52.06	1:53.20	172	21/07/14	Biggleswade Club Championships	Biggleswade	ER4861	4
200 Breaststroke	4:06.74	4:08.90	162	21/09/13	Biggleswade Club Championships	Biggleswade	ER3650	4
50 Butterfly	36.93	37.40	287	24/01/15	Biggleswade 16th Open Meet	Biggleswade	ER150191	3
100 Butterfly	1:43.35	1:44.10	143	19/10/13	Biggleswade Club Championships	Biggleswade	ER3650	4
50 Backstroke	35.71	36.30	353	24/10/15	Flitwick Dolphins Open Meet 2015	Biggleswade	ER150962	3
100 Backstroke	1:17.95	1:19.00	349	03/10/15	Biggleswade SC 2015 Club Championships	Biggleswade	ER152031	4
200 Backstroke	2:49.42	2:51.40	346	10/05/15	Mid Beds Swim Squad Level 3 Open Meet	Biggleswade	ER150500	3
200 Individual Medley	2:59.36	3:01.60	313	09/05/15	Mid Beds Swim Squad Level 3 Open Meet	Biggleswade	ER150500	3
100 Individual Medley	1:21.60	1:21.60	332	24/10/15	Flitwick Dolphins Open Meet 2015	Biggleswade	ER150962	3