

Individual Best Times (All Time)

James Wilton - (866297) - Ashford School

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.22	26.40	453	30/05/15	ASASER Swimming Championships	Crawley	SE150986	1
100 Freestyle	58.11	56.70	524	07/02/16	Kent Swimming Championships 2016	Crystal Palace	SE160330	1
200 Freestyle	2:12.12	2:09.50	460	18/04/15	Crawley Spring LC Open Meet 2015	Crawley	SE150218	1
400 Freestyle	4:42.67	4:37.70	471	18/04/15	Crawley Spring LC Open Meet 2015	Crawley	SE150218	1
100 Breaststroke	1:21.89	1:20.30	335	08/08/14	Swim Wales Summer Nationals 2014	Swansea	WAL585	1
200 Breaststroke	2:56.88	2:53.90	357	03/08/14	Swim Wales Summer Nationals 2014	Swansea	WAL585	1
100 Backstroke	1:11.48	1:10.30	376	04/08/14	Swim Wales Summer Nationals 2014	Swansea	WAL585	1
200 Backstroke	2:33.60	2:31.40	386	06/08/14	Swim Wales Summer Nationals 2014	Swansea	WAL585	1
200 Individual Medley	2:33.98	2:31.40	405	04/01/15	BWFSC Level 1 Long Course Meet	London	LR150167	1
400 Individual Medley	5:22.37	5:16.90	425	05/08/14	Swim Wales Summer Nationals 2014	Swansea	WAL585	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.15	27.90	409	22/02/15	2015 Kent County Swimming Championships	Gillingham	CC150171	2
100 Freestyle	56.56	58.00	498	14/10/17	NASLS - Round One	Bexleyheath	SE172106	3
200 Freestyle	2:04.78	2:07.50	505	05/12/15	Gravesend & Northfleet Open Meet 2015	Gillingham	SE150573	3
400 Freestyle	4:29.76	4:34.90	487	28/02/15	2015 Kent County Swimming Championships	Gillingham	CC150172	2
800 Freestyle	11:44.93	11:53.10	248	01/10/11	East Invicta Championships	Canterbury	SE1486	2
1500 Freestyle	21:02.47	21:18.70	301	06/10/12	East Invicta Annual Championships	Canterbury	SE2582	3
50 Breaststroke	36.48	37.30	319	06/09/15	City of Canterbury Club Championships	Canterbury	SE151615	4
100 Breaststroke	1:17.94	1:19.50	356	21/02/15	2015 Kent County Swimming Championships	Gillingham	CC150171	2
200 Breaststroke	2:49.77	2:52.90	354	27/04/14	City of Canterbury Sprint Open Gala	Canterbury	SE4428	3
50 Butterfly	32.81	33.40	291	14/09/14	City of Canterbury SC Club Championships 2014	Canterbury	SE14109	4
100 Butterfly	1:13.62	1:14.60	273	14/09/14	City of Canterbury SC Club Championships 2014	Canterbury	SE14109	4
200 Butterfly	2:42.67	2:44.60	283	07/09/14	City of Canterbury SC Club Championships 2014	Canterbury	SE14108	4
50 Backstroke	31.79	32.40	336	06/09/15	City of Canterbury Club Championships	Canterbury	SE151615	4
100 Backstroke	1:08.16	1:09.30	356	22/02/15	2015 Kent County Swimming Championships	Gillingham	CC150171	2
200 Backstroke	2:29.64	2:31.90	351	04/05/14	Black Lion SC L3 Spring Open Meet 2014	Gillingham	SE4064	3
200 Individual Medley	2:25.91	2:28.60	424	01/03/15	2015 Kent County Swimming Championships	Gillingham	CC150172	2
400 Individual Medley	5:11.01	5:16.60	430	22/02/15	2015 Kent County Swimming Championships	Gillingham	CC150171	2
100 Individual Medley	1:09.81	1:09.80	351	05/09/14	City of Canterbury SC Club Championships 2014	Canterbury	SE14107	4