

Individual Best Times (All Time)

Conor Kennedy - (865419) - Dunoon ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.93	26.10	468	18/02/18	2018 WD Long Course Championships - Round 2	Glasgow	SCO1423	1
100 Freestyle	59.60	58.20	486	03/03/19	2019 WD Long Course AG Pre-SNAG Meet	Glasgow	SCO1619	1
50 Breaststroke	36.09	35.20	371	03/03/19	2019 WD Long Course AG Pre-SNAG Meet	Glasgow	SCO1619	1
200 Breaststroke	3:40.68	3:38.30	183	08/02/14	2014 SASA West District LC JAG Champs	East Kilbride	SCO808	1
50 Butterfly	30.95	30.30	372	29/02/20	2020 SS West District LC AG Pre-SNAG Meet	Glasgow	SCO1800	2
100 Butterfly	1:16.88	1:15.90	266	12/05/19	2019 WD Future Stars AG Open Meet	Tollcross	SCO1658	1
200 Butterfly	4:20.40	4:19.20	76	09/02/13	2013 SASA District JAG LC Championships	East Kilbride	SCO696	1
50 Backstroke	32.44	31.80	382	03/03/19	2019 WD Long Course AG Pre-SNAG Meet	Glasgow	SCO1619	1
100 Backstroke	1:30.11	1:29.20	187	08/02/14	2014 SASA West District LC JAG Champs	East Kilbride	SCO808	1
200 Individual Medley	2:43.48	2:41.00	339	12/05/19	2019 WD Future Stars AG Open Meet	Tollcross	SCO1658	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.19	27.00	456	02/09/18	2018 SS West District SC Sprints & Relay Champs	Tollcross	SCO1516	1
100 Freestyle	58.01	59.40	461	27/10/18	2018 WD SC Senior Age Group Championships	Tollcross	SCO1534	2
200 Freestyle	2:23.71	2:26.10	330	26/11/16	Dumfries Advent Open 2016	Dumfries	SCO1208	2
50 Breaststroke	34.83	35.70	367	02/09/18	2018 SS West District SC Sprints & Relay Champs	Tollcross	SCO1516	1
100 Breaststroke	1:20.04	1:21.60	329	15/04/18	Stirling Spring Open Meet	The Peak	SCO1449	2
200 Breaststroke	3:13.37	3:16.10	239	31/05/15	Rascals Graded Meet 2015	Bellshill	SCO983	2
50 Butterfly	29.97	30.60	382	01/09/18	2018 SS West District SC Sprints & Relay Champs	Tollcross	SCO1516	1
100 Butterfly	1:13.28	1:14.30	277	15/04/18	Stirling Spring Open Meet	The Peak	SCO1449	2
200 Butterfly	3:26.90	3:28.40	137	15/11/14	West District SC JAG Championships	Cumbernauld	SCO924	1
50 Backstroke	31.68	32.30	339	01/09/18	2018 SS West District SC Sprints & Relay Champs	Tollcross	SCO1516	1
100 Backstroke	1:10.57	1:11.70	321	27/10/18	2018 WD SC Senior Age Group Championships	Tollcross	SCO1534	2
200 Backstroke	2:47.34	2:49.30	251	26/11/16	Dumfries Advent Open 2016	Dumfries	SCO1208	2
200 Individual Medley	2:37.16	2:39.70	339	28/10/18	2018 WD SC Senior Age Group Championships	Tollcross	SCO1534	2
400 Individual Medley	6:03.99	6:08.80	268	26/11/16	Dumfries Advent Open 2016	Dumfries	SCO1208	2
100 Individual Medley	1:08.33	1:08.30	375	01/09/18	2018 SS West District SC Sprints & Relay Champs	Tollcross	SCO1516	1