

# Individual Best Times (All Time)

Joshua Rayner - (865359) - Hatfield SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.30	27.60	403	19/03/16	Harpenden Sprint Night (Frantic Fifties)	Luton	ER160278	3
100 Freestyle	1:00.48	59.10	465	20/02/22	Speedo & BUCS Long Course Swimming Championships	Sheffield	NE220242	1
200 Freestyle	2:24.09	2:21.70	354	19/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	ER4035	1
400 Freestyle	5:09.79	5:05.20	358	20/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	ER4035	1
50 Breaststroke	37.28	36.40	337	19/03/16	Harpenden Sprint Night (Frantic Fifties)	Luton	ER160278	3
50 Butterfly	32.54	32.00	320	19/03/16	Harpenden Sprint Night (Frantic Fifties)	Luton	ER160278	3
100 Butterfly	1:30.37	1:29.50	163	14/07/13	Plymouth Leander Non-National Qualifiers Meet	Plymouth	SW3469	3
50 Backstroke	33.08	32.50	360	19/03/16	Harpenden Sprint Night (Frantic Fifties)	Luton	ER160278	3
100 Backstroke	1:18.71	1:17.70	281	19/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	ER4035	1
200 Backstroke	2:43.56	2:41.50	320	18/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	ER4035	1
200 Individual Medley	2:44.48	2:42.10	332	20/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	ER4035	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.79	25.60	537	20/11/21	BUCS Short Course Swimming	Sheffield	NE210935	2
100 Freestyle	57.03	58.50	486	15/10/17	HATFIELD CLUB CHAMPIONSHIPS 2017	HERTFORDSHIRE	ER172331	4
200 Freestyle	2:10.64	2:13.30	440	01/10/16	Hatfield Early Season Gala	Hatfield	ER161914	3
400 Freestyle	5:19.38	5:23.80	293	24/03/13	Hertfordshire County Championships	Borehamwood	CC3089	2
1500 Freestyle	19:07.35	19:25.20	402	07/05/17	Hatfield Club Long Distance Time Trials 2017	Hatfield	ER171013	4
50 Breaststroke	37.59	38.40	292	20/09/15	Hatfield Club Championships 2015	Hatfield	ER151699	4
100 Breaststroke	1:23.34	1:24.80	291	13/06/15	Stevenage Swimming Club Summer Sprint	Stevenage	ER150769	3
200 Breaststroke	2:55.79	2:58.80	319	08/11/16	Hatfield Club Championships	Hatfield	ER162409	4
50 Butterfly	31.34	31.90	334	12/03/16	Watford Regional Qualifier	Watford	ER160088	3
100 Butterfly	1:22.01	1:22.90	197	21/09/14	Hatfield Club Championships	Hatfield	ER14123	4
200 Butterfly	3:04.63	3:06.30	193	21/09/14	Hatfield Club Championships	Hatfield	ER14123	4
50 Backstroke	33.13	33.70	297	28/11/15	Hatfield SC Winter Gala 2015	Hatfield	ER152040	3
100 Backstroke	1:10.83	1:12.00	317	04/10/15	Hatfield Club Championships 2015	Hatfield	ER151701	4
200 Backstroke	2:35.62	2:37.70	312	28/06/15	The Terry Davies Alternative Nationals	Watford	ER150582	3
200 Individual Medley	2:34.30	2:36.80	358	13/12/15	Team Luton Winter Development Meet	Luton	ER150707	3
400 Individual Medley	6:08.03	6:12.80	259	20/04/13	City of Milton Keynes SC Spring Open	Bletchley	SE3097	2
100 Individual Medley	1:09.51	1:09.50	356	18/12/16	Hatfield Christmas Gala	Hatfield	ER162424	3