

Individual Best Times (All Time)

Charlie Tompkins - (865320) - Epping Forest Dist SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.19	33.60	329	03/02/13	Bishops Stortford SC 1st Long Course Open	Basildon	ER3078	3
100 Freestyle	1:15.43	1:14.30	322	20/05/12	Bracknell & Wokingham SC Open Meet	Aldershot	SE2168	1
200 Freestyle	2:41.89	2:39.70	338	19/05/12	Bracknell & Wokingham SC Open Meet	Aldershot	SE2168	1
400 Freestyle	5:36.32	5:32.10	342	20/05/12	Bracknell & Wokingham SC Open Meet	Aldershot	SE2168	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.13	33.80	331	06/07/13	Harlow Penguins 2nd Eric Shepherd Meet	Harlow	ER3341	3
100 Freestyle	1:12.10	1:13.30	338	06/04/13	BWFSC Secondary Age Group Meet 2013	Walthamstow	LR3255	3
200 Freestyle	2:34.08	2:36.30	366	06/07/13	Harlow Penguins 2nd Eric Shepherd Meet	Harlow	ER3341	3
400 Freestyle	5:31.97	5:36.20	338	24/05/12	EFDSC Club Championships	Loughton	ER2404	4
800 Freestyle	11:26.39	11:34.80	336	24/05/12	EFDSC Club Championships	Loughton	ER2404	4
50 Breaststroke	46.73	47.40	223	20/12/12	EFDSC Club Championships	Loughton	ER2404	4
100 Breaststroke	1:41.00	1:42.20	235	07/04/13	BWFSC Secondary Age Group Meet 2013	Walthamstow	LR3255	3
200 Breaststroke	3:36.53	3:39.00	240	16/11/14	Epping Forest District Club Championships	Loughton	ER4562	4
50 Butterfly	38.36	38.90	256	15/09/13	Epping Forest District SC Season Opener	Loughton	ER3669	3
100 Butterfly	1:31.86	1:32.70	203	22/09/13	Epping Forest District SC Club Championships	Loughton	ER3558	4
200 Butterfly	3:28.67	3:30.20	188	13/11/13	Epping Forest District SC Club Championships	Loughton	ER3558	4
50 Backstroke	41.27	41.80	229	22/09/13	Epping Forest District SC Club Championships	Loughton	ER3558	4
100 Backstroke	1:28.57	1:29.50	238	24/05/12	EFDSC Club Championships	Loughton	ER2404	4
200 Backstroke	3:02.30	3:04.10	277	22/09/13	Epping Forest District SC Club Championships	Loughton	ER3558	4
200 Individual Medley	3:04.74	3:06.90	287	09/01/13	EFDSC Club Championships	Loughton	ER2404	4
400 Individual Medley	6:38.25	6:42.70	274	24/05/12	EFDSC Club Championships	Loughton	ER2404	4
100 Individual Medley	1:27.67	1:27.70	267	22/09/13	Epping Forest District SC Club Championships	Loughton	ER3558	4