

Individual Best Times (All Time)

Joanna Johnson - (864342) - Chepstow & District SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.14	35.60	278	13/07/14	Torfaen Dolphins Non National Qualifier 2014	Bristol	SW4593	3
100 Freestyle	1:19.75	1:18.70	272	13/07/14	Torfaen Dolphins Non National Qualifier 2014	Bristol	SW4593	3
50 Breaststroke	47.39	46.70	232	13/07/13	Cardiff Bay Sprint Meet	Cardiff	WAL510	4
200 Breaststroke	3:42.45	3:40.10	236	13/07/14	Torfaen Dolphins Non National Qualifier 2014	Bristol	SW4593	3
50 Butterfly	51.19	50.80	108	13/07/13	Cardiff Bay Sprint Meet	Cardiff	WAL510	4
50 Backstroke	45.25	44.80	209	13/07/13	Cardiff Bay Sprint Meet	Cardiff	WAL510	4

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.43	36.00	271	02/02/14	South East Wales Regional Championships	Newport	WAL544	2
100 Freestyle	1:17.19	1:18.30	275	22/06/14	Torfaen Dolphins Spring Meet 2014	Newport	WAL577	2
200 Freestyle	3:02.40	3:04.30	221	28/09/14	Chepstow & District Closed Meet	Newport	WAL593	4
400 Freestyle	6:37.26	6:40.80	197	29/03/15	SW South East Region No Time Gala	Newport	WL150709	3
50 Breaststroke	44.26	45.00	263	19/10/14	Greater Gwent Fast Water Open Meet	Newport	WAL601	2
100 Breaststroke	1:38.04	1:39.30	257	29/11/14	South East Wales Sub Regional Competition	Newport	WAL612	2
200 Breaststroke	3:34.26	3:36.70	247	22/06/14	Torfaen Dolphins Spring Meet 2014	Newport	WAL577	2
50 Butterfly	43.98	44.40	170	27/09/14	Chepstow & District Closed Meet	Newport	WAL593	4
100 Butterfly	1:54.49	1:55.20	105	28/09/14	Chepstow & District Closed Meet	Newport	WAL593	4
50 Backstroke	41.25	41.70	229	15/12/13	City of Newport Christmas Cracker	Newport	WAL538	4
100 Backstroke	1:28.70	1:29.60	236	30/11/14	South East Wales Sub Regional Competition	Newport	WAL612	2
200 Backstroke	3:10.94	3:12.70	241	29/11/14	South East Wales Sub Regional Competition	Newport	WAL612	2
200 Individual Medley	3:17.77	3:19.80	233	01/12/13	South East Wales Sub Regional Gala	Newport	WAL534	4
100 Individual Medley	1:31.23	1:31.20	237	28/09/14	Chepstow & District Closed Meet	Newport	WAL593	4