Individual Best Times (All Time)

Lulu Pennicott-Banks - (861358) - Greenwich Royals SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Breaststroke	48.20	47.50	221	15/03/15	London Schools Championships 2015	Crystal Palace	LR150242	1
50 Butterfly	42.42	42.00	191	15/03/15	London Schools Championships 2015	Crystal Palace	LR150242	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.98	35.60	281	01/11/16	Greenwich Royals Club Championships	London	LR161926	4
100 Freestyle	1:23.40	1:24.40	218	05/10/14	Redbridge Early County & Regional Meet	Barksingside	LR4194	3
50 Breaststroke	50.01	50.60	182	21/09/14	Greenwich Boro Annual Swimming Champs	Eltham	LR4848	4
50 Butterfly	38.18	38.70	260	04/10/16	Greenwich Royals Club Championships	London	LR161924	4
50 Backstroke	46.49	46.90	160	21/09/14	Greenwich Boro Annual Swimming Champs	Eltham	LR4848	4
100 Individual Medley	1:53.02	1:53.00	125	08/07/12	Beckenham Summer Development Meet	Beckenham	LR2461	4

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