

# Individual Best Times (All Time)

Beatrice Harrison - (861356) - Greenwich Royals SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.99	31.30	402	26/05/18	Cardiff International Open Meet	Cardiff	WL180158	1
100 Freestyle	1:08.32	1:07.10	433	24/05/19	City of Cardiff International Open Meet	Cardiff	WL190057	1
200 Freestyle	2:26.34	2:23.90	458	20/07/19	BPSC End Of Season Meet 2019	Basildon	ER190187	3
400 Freestyle	5:24.39	5:20.00	382	27/05/18	Cardiff International Open Meet	Cardiff	WL180158	1
50 Breaststroke	48.64	48.00	215	17/07/16	ASA London Region End of Season Meet	Crystal Palace	LR160451	3
50 Butterfly	33.62	33.10	383	25/05/18	Cardiff International Open Meet	Cardiff	WL180158	1
100 Butterfly	1:15.37	1:14.40	398	25/05/19	City of Cardiff International Open Meet	Cardiff	WL190057	1
50 Backstroke	34.48	33.90	472	06/04/19	Guildford City Level 1 Spring Open Meet	Surrey Sports Park	SE190010	1
100 Backstroke	1:12.82	1:11.70	487	06/04/19	Guildford City Level 1 Spring Open Meet	Surrey Sports Park	SE190010	1
200 Backstroke	2:36.22	2:34.10	489	21/07/19	BPSC End Of Season Meet 2019	Basildon	ER190187	3
200 Individual Medley	2:47.15	2:44.80	429	27/05/18	Cardiff International Open Meet	Cardiff	WL180158	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.22	31.90	396	06/05/18	Black Lion Level 3 Spring Open Meet	Medway Park LC	SE180477	3
100 Freestyle	1:06.30	1:07.60	435	06/05/18	Black Lion Level 3 Spring Open Meet	Medway Park LC	SE180477	3
200 Freestyle	2:21.86	2:24.30	470	14/07/18	Summer at Dagenham	Dagenham	LR180251	3
400 Freestyle	5:04.37	5:09.00	438	08/01/22	Bromley/Greenwich Royals Dual Meet 2022	Kent	LR220259	4
800 Freestyle	10:15.89	10:25.20	465	29/09/18	Bromley SC 800 1500m Invitational Time Trial 2018	Gillingham	LR180786	3
1500 Freestyle	20:14.64	20:31.50	418	28/09/19	Bromley SC 800 and 1500m Invitational Time Trial	Gillingham	LR191594	3
50 Breaststroke	43.57	44.30	276	03/11/20	Greenwich Royals SC	Eltham	LEX488	0
100 Breaststroke	1:30.55	1:31.90	326	06/11/18	Greenwich Royals Club Championships 2018	London	LR181579	4
200 Breaststroke	3:17.46	3:20.10	316	13/11/18	Greenwich Royals Club Championships 2018	London	LR181580	4
50 Butterfly	32.95	33.50	405	15/12/18	BPSC Last Chance County Qualifier 2018	Basildon	ER181385	3
100 Butterfly	1:13.01	1:14.00	405	24/11/18	Black Lion Level 3 Winter Open Meet	Medway Park LC	SE180478	3
200 Butterfly	3:13.68	3:15.30	235	29/04/17	Black Lion L3 Spring Open Meet 2017	Gillingham	SE170440	3
50 Backstroke	33.90	34.50	413	09/03/19	Central Beds Swim Squad Level 2 Open Meet 2019	Biggleswade	ER190277	2
100 Backstroke	1:11.19	1:12.30	458	09/03/19	Central Beds Swim Squad Level 2 Open Meet 2019	Biggleswade	ER190277	2
200 Backstroke	2:33.43	2:35.60	465	21/10/18	Team Luton Autumn Short Course Meet 2018	Inspire Luton Sports	ER181018	3
200 Individual Medley	2:41.57	2:44.00	429	18/12/21	Bromley SC Christmas Gold 2021	Crawley	LR211396	3
400 Individual Medley	5:45.07	5:50.10	422	14/07/18	Summer at Dagenham	Dagenham	LR180251	3
100 Individual Medley	1:16.87	1:16.90	397	13/11/18	Greenwich Royals Club Championships 2018	London	LR181580	4