

Individual Best Times (All Time)

Joseph Sadler - (859221) - Sherwood Colliery SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.69	23.80	607	02/05/22	SE East Midland Regional Long Course Championships	Sheffield	EM220575	1
100 Freestyle	53.00	51.40	691	07/04/22	British Championships 2022	Sheffield	BSW020	1
200 Freestyle	1:55.54	1:52.50	688	26/07/19	British Summer Championships	Glasgow	BSW011	1
400 Freestyle	4:02.91	3:57.10	743	23/07/19	British Summer Championships	Glasgow	BSW011	1
800 Freestyle	8:28.37	8:16.90	703	27/07/19	British Summer Championships	Glasgow	BSW011	1
1500 Freestyle	16:29.71	16:08.70	681	14/03/20	2020 London Region Spring Open Meet	London	LR200423	1
50 Breaststroke	38.10	37.30	315	20/01/18	Nottinghamshire ASA County Championships 2018	Nottingham	EM180321	1
100 Breaststroke	1:37.60	1:36.30	197	19/07/15	Nottinghamshire ASA Summer Gala 2015	Nottingham	EM150974	3
200 Breaststroke	3:26.02	3:23.40	225	13/02/16	Nottinghamshire ASA County Championships	Nottingham	EM160140	1
50 Butterfly	26.40	25.70	600	24/02/24	BUCS Long Course Swimming Championships 2023-24	Sheffield	NE240419	1
100 Butterfly	56.34	55.00	676	08/04/22	British Championships 2022	Sheffield	BSW020	1
200 Butterfly	2:07.74	2:05.20	644	06/04/22	British Championships 2022	Sheffield	BSW020	1
50 Backstroke	31.48	30.80	418	07/05/18	Swim England East Midland Championships 2018	Sheffield	EM180960	1
100 Backstroke	1:06.34	1:05.10	470	15/09/18	The Robin Hood Open Meet 2018	Sheffield	EM181255	3
200 Backstroke	2:20.80	2:18.40	502	14/04/18	Swim England East Midland Championships 2018	Sheffield	EM180958	1
200 Individual Medley	2:15.53	2:12.60	595	19/05/19	SE East Midlands Region Champs 2019 Gala 3	Sheffield	EM191625	1
400 Individual Medley	5:40.85	5:35.70	360	05/02/17	Nottingham ASA County Championships 2017	Nottingham	EM170341	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	23.40	24.30	639	03/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
100 Freestyle	51.98	53.60	641	07/11/21	East Midland Region Short Course Championships 21	Nottingham	EM211276	2
200 Freestyle	1:51.01	1:54.10	717	05/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
400 Freestyle	3:57.82	4:03.60	710	03/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
800 Freestyle	8:32.89	8:44.00	646	09/11/18	Sherwood Colliery Licensed Time Trials 2018	Mansfield	EM182592	4
1500 Freestyle	15:42.95	16:04.50	724	07/12/19	Swim England National Winter Championships (25m)	Sheffield	ENG017	2
50 Breaststroke	33.06	34.00	429	11/06/22	Nottinghamshire ASA Stage 2 Gala 2022	Retford	EM220291	4
100 Breaststroke	1:16.60	1:18.20	375	08/09/18	Sports Centre League 2018 - Division 1	Hucknall LC	EM180566	4
200 Breaststroke	3:07.12	3:09.90	264	13/11/16	Sherwood Colliery Time Trials	Sutton in Ashfield	EM162351	4
50 Butterfly	25.36	26.10	630	19/11/23	BUCS Short Course Swimming Championships 2023	Sheffield	NE232392	2
100 Butterfly	56.64	58.00	600	18/11/23	BUCS Short Course Swimming Championships 2023	Sheffield	NE232392	2
200 Butterfly	2:01.96	2:04.50	672	04/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
50 Backstroke	28.86	29.50	449	11/06/22	Nottinghamshire ASA Stage 2 Gala 2022	Retford	EM220291	4
100 Backstroke	1:01.78	1:03.10	478	08/02/20	Notts Sports Centre League 2020 - Division 1	Lammas LC	EM200575	4
200 Backstroke	2:12.06	2:14.60	511	02/06/19	Sherwood Colliery Club Championships 2019	Lammas LC	EM191415	4
200 Individual Medley	2:12.34	2:15.30	568	10/10/21	Peter Jervis Memorial Meet	Retford	EM210272	4
400 Individual Medley	5:28.53	5:33.80	365	20/11/16	Mansfield Major Oak Open Meet	Mansfield	EM161454	3
100 Individual Medley	1:02.77	1:02.80	483	05/10/19	Sports Centre League 2019 - Division 1	Nottingham Uni Pool	EM191336	4