

Individual Best Times (All Time)

Lewis McGhee - (859179) - Runcorn Reps SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.60	36.00	186	05/11/11	City of Coventry November Open Meet	Coventry	WM1068	1
200 Freestyle	2:25.95	2:23.50	341	08/06/13	BG NWR 2013 Age Group Championships	Manchester	NWR307	1
400 Freestyle	5:05.74	5:01.10	372	09/06/13	BG NWR 2013 Age Group Championships	Manchester	NWR307	1
1500 Freestyle	19:21.23	19:03.30	422	15/11/13	Stockport Metro November Meet	Stockport	NW3037	1
50 Breaststroke	50.05	49.40	139	05/11/11	City of Coventry November Open Meet	Coventry	WM1068	1
200 Breaststroke	3:38.72	3:36.30	188	05/11/11	City of Coventry November Open Meet	Coventry	WM1068	1
50 Butterfly	34.96	34.40	258	21/12/13	City of Manchester Aquatics Snow'pen Meet	Manchester	NW3449	1
100 Butterfly	1:20.12	1:19.20	235	09/06/13	BG NWR 2013 Age Group Championships	Manchester	NWR307	1
200 Butterfly	2:49.21	2:47.30	277	01/06/13	BG North West Region 2013 Age Group Champs	Manchester	NWR306	1
50 Backstroke	43.68	43.20	156	05/11/11	City of Coventry November Open Meet	Coventry	WM1068	1
200 Backstroke	2:47.35	2:45.30	299	21/12/13	City of Manchester Aquatics Snow'pen Meet	Manchester	NW3449	1
200 Individual Medley	2:51.19	2:48.90	295	02/06/13	BG North West Region 2013 Age Group Champs	Manchester	NWR306	1
400 Individual Medley	5:50.65	5:45.60	330	08/06/13	BG NWR 2013 Age Group Championships	Manchester	NWR307	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.84	32.50	253	17/11/13	Stockport November L2 Meet	Stockport	NW3038	2
100 Freestyle	1:07.88	1:09.10	288	18/10/14	Conwy County Aquatics Autumn Meet	Llandudno	WAL600	2
200 Freestyle	2:21.70	2:24.10	344	17/11/13	Stockport November L2 Meet	Stockport	NW3038	2
400 Freestyle	4:53.29	4:58.00	379	16/11/13	Stockport November L2 Meet	Stockport	NW3038	2
800 Freestyle	10:15.87	10:25.20	373	04/11/12	Warriors of Warrington Long Distance Champ	Warrington	NW2740	4
1500 Freestyle	19:28.90	19:46.40	380	16/11/12	Stafford Apex Licensed Meet	Stafford	WM2489	2
50 Breaststroke	42.46	43.20	202	02/03/13	Cheshire County Championships	Macclesfield	CC3081	2
100 Breaststroke	1:28.85	1:30.30	240	17/11/13	Stockport November L2 Meet	Stockport	NW3038	2
200 Breaststroke	3:09.36	3:12.10	255	03/03/13	Cheshire County Championships	Macclesfield	CC3081	2
50 Butterfly	34.98	35.50	240	06/07/13	Boldmere Open Meet	Stechford	WM3515	3
100 Butterfly	1:16.11	1:17.10	247	17/11/13	Stockport November L2 Meet	Stockport	NW3038	2
200 Butterfly	2:42.32	2:44.30	285	19/10/14	Conwy County Aquatics Autumn Meet	Llandudno	WAL600	2
50 Backstroke	36.91	37.50	214	15/03/14	Cheshire County Championships	Macclesfield	CC4011	2
100 Backstroke	1:17.76	1:18.80	240	17/11/13	Stockport November L2 Meet	Stockport	NW3038	2
200 Backstroke	2:42.30	2:44.30	275	16/11/13	Stockport November L2 Meet	Stockport	NW3038	2
200 Individual Medley	2:43.22	2:45.60	303	16/11/13	Stockport November L2 Meet	Stockport	NW3038	2
400 Individual Medley	5:34.16	5:39.40	346	17/11/13	Stockport November L2 Meet	Stockport	NW3038	2
100 Individual Medley	1:19.05	1:19.10	242	30/03/13	City of Birmingham SC 20th Open Meet	Birmingham	WM3259	2