Individual Best Times (All Time)

Victoria Armstrong - (859053) - Flixton SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	51.72	52.10	87	17/05/14	Flixton SC Club Championships Sprint Meet	Flixton	NW4543	4
100 Freestyle	1:55.25	1:56.00	82	18/05/14	Flixton SC Club Championships Sprint Meet	Flixton	NW4543	4
200 Freestyle	4:34.14	4:35.40	65	09/02/14	Flixton Club Championships Distance Meet	Urmston	NW4319	4
50 Breaststroke	1:04.82	1:05.30	83	18/05/14	Flixton SC Club Championships Sprint Meet	Flixton	NW4543	4
100 Breaststroke	2:20.93	2:21.80	86	17/05/14	Flixton SC Club Championships Sprint Meet	Flixton	NW4543	4
200 Breaststroke	4:54.73	4:56.50	95	08/11/14	Flixton Club Distance Championships	Flixton	NW14351	4
50 Backstroke	59.72	1:00.10	75	18/05/14	Flixton SC Club Championships Sprint Meet	Flixton	NW4543	4