

Individual Best Times (All Time)

Nyah Anderton - (858348) - Lincoln Vulcans SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.90	33.30	337	18/10/14	Lincoln Vulcans Long Course L1 Meet	Sheffield	EM4355	1
100 Freestyle	1:07.48	1:06.20	449	17/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	EM160422	1
200 Freestyle	2:39.09	2:36.90	356	11/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	EM4356	3
400 Freestyle	5:01.73	4:57.00	474	08/04/17	Derventio Excel 11th LC Open Meet	Sheffield	EM170259	1
800 Freestyle	10:10.09	10:00.50	501	13/05/17	City of Sheffield No Frills Meet	Sheffield	NE170249	1
50 Breaststroke	41.41	40.60	349	09/04/16	Derventio Excel 10th Open Meet 2016	Sheffield	EM160046	1
100 Breaststroke	1:26.22	1:24.70	411	21/10/17	Nova Centurion SC October Level 1 Open Meet	Nottingham	EM170475	1
200 Breaststroke	3:07.49	3:04.60	394	17/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	EM160422	1
50 Butterfly	32.66	32.10	418	08/04/17	Derventio Excel 11th LC Open Meet	Sheffield	EM170259	1
100 Butterfly	1:13.99	1:13.00	421	01/05/16	ASA East Midland Region Swimming Champs	Sheffield	EM160780	1
200 Butterfly	2:45.03	2:43.10	402	30/04/16	ASA East Midland Region Swimming Champs	Sheffield	EM160780	1
50 Backstroke	38.06	37.50	351	17/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	EM160422	1
100 Backstroke	1:21.80	1:20.80	344	17/04/16	Lincoln Vulcans Long Course L1 Open Meet	Sheffield	EM160422	1
200 Backstroke	3:01.16	2:59.30	314	10/05/14	Lincoln Vulcans Long Course L3 Open Meet	Sheffield	EM4356	3
200 Individual Medley	2:44.47	2:42.10	450	08/04/17	Derventio Excel 11th LC Open Meet	Sheffield	EM170259	1
400 Individual Medley	5:40.47	5:35.30	476	01/05/16	ASA East Midland Region Swimming Champs	Sheffield	EM160780	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.96	31.60	406	07/10/17	Leicester Penguins 2017 Open Meet	Braunstone	EM170934	3
100 Freestyle	1:07.04	1:08.30	421	02/10/16	Cambridge Grand Prix Regional & National Qualifier	Cambridge	ER160169	2
200 Freestyle	2:21.12	2:23.60	477	21/01/17	Lincolnshire County Championships 2017	Grantham	EM170026	2
400 Freestyle	4:47.70	4:52.50	519	18/12/16	Nottinghamshire ASA Festive Frenzy Gala 2016	Nottingham	EM161991	3
800 Freestyle	9:57.01	10:06.60	511	20/02/16	Lincolnshire County Championships 2016	Grantham	EM160116	2
50 Breaststroke	38.64	39.40	395	16/12/17	City of Leeds Xmas Meet 2017	Leeds	NE171857	3
100 Breaststroke	1:20.93	1:22.50	457	18/12/16	Nottinghamshire ASA Festive Frenzy Gala 2016	Nottingham	EM161991	3
200 Breaststroke	2:56.13	2:59.10	446	17/07/16	Chesterfield Summer Splash	Matlock	EM161236	3
50 Butterfly	32.36	32.90	427	05/02/17	Lincolnshire County Championships 2017	Louth	EM170027	2
100 Butterfly	1:13.04	1:14.10	405	08/07/17	Lincoln Vulcans Club Championships	Grantham	EM170938	3
200 Butterfly	2:38.74	2:40.70	427	02/10/16	Cambridge Grand Prix Regional & National Qualifier	Cambridge	ER160169	2
50 Backstroke	35.48	36.00	360	07/11/15	Lincoln Vulcans Squad Sprints	Lincoln	EM150585	4
100 Backstroke	1:15.10	1:16.20	390	05/02/17	Lincolnshire County Championships 2017	Louth	EM170027	2
200 Backstroke	2:40.23	2:42.30	409	15/07/17	Lincoln Vulcans Club Championships	Grantham	EM170939	3
200 Individual Medley	2:35.94	2:38.40	477	18/12/16	Nottinghamshire ASA Festive Frenzy Gala 2016	Nottingham	EM161991	3
400 Individual Medley	5:29.43	5:34.70	485	02/10/16	Cambridge Grand Prix Regional & National Qualifier	Cambridge	ER160169	2
100 Individual Medley	1:14.60	1:14.60	434	19/11/16	Boston Club 12th Open Meet	Grantham	EM161367	3