

# Individual Best Times (All Time)

Molly Fowler - (857439) - Grantham SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.16	33.50	330	01/07/12	City of Coventry Graham Sykes Gala	Coventry	WM2023	3
100 Freestyle	1:12.55	1:11.40	362	01/07/12	City of Coventry Graham Sykes Gala	Coventry	WM2023	3
50 Breaststroke	44.38	43.70	283	01/07/12	City of Coventry Graham Sykes Gala	Coventry	WM2023	3
200 Breaststroke	3:25.20	3:22.60	301	01/07/12	City of Coventry Graham Sykes Gala	Coventry	WM2023	3
50 Butterfly	38.88	38.40	248	01/07/12	City of Coventry Graham Sykes Gala	Coventry	WM2023	3
200 Individual Medley	2:59.40	2:57.20	347	01/07/12	City of Coventry Graham Sykes Gala	Coventry	WM2023	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.49	31.20	425	05/05/13	South Lincs SC Tulip Open Meet	Spalding	EM3101	3
100 Freestyle	1:06.32	1:07.60	434	16/06/13	Retford SC Annual Open Meet	Sheffield	EM3359	3
200 Freestyle	2:24.67	2:27.10	443	29/09/13	Grantham SC Three Shires Championship Meet	Grantham	EM3774	4
400 Freestyle	5:06.13	5:10.70	431	25/10/15	Grantham Club Championships 2015	Grantham	EM151258	4
800 Freestyle	10:38.18	10:47.20	418	16/12/14	Grantham Long Distance Championships	Grantham	EM14092	4
50 Breaststroke	39.67	40.50	365	21/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150041	2
100 Breaststroke	1:25.48	1:26.90	388	06/02/16	Lincolnshire County Championships 2016	Louth	EM160115	2
200 Breaststroke	3:06.58	3:09.40	375	13/07/13	Lincoln Vulcans Short Course Open Meet	Grantham	EM3282	3
50 Butterfly	34.51	35.10	352	18/07/15	Grantham Club Championships 2015	Grantham	EM151257	4
100 Butterfly	1:14.88	1:15.90	376	02/05/15	31st Tulip Open Meet	Spalding	EM150305	3
200 Butterfly	3:01.12	3:02.90	288	16/03/13	Lincolnshire County Championships	Louth	CC3003	2
50 Backstroke	35.25	35.80	367	07/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150040	2
100 Backstroke	1:15.65	1:16.70	381	21/03/15	Lincolnshire County ASA Swimming Championships	Louth	CC150041	2
200 Backstroke	2:46.40	2:48.40	365	18/07/15	Grantham Club Championships 2015	Grantham	EM151257	4
200 Individual Medley	2:43.03	2:45.40	417	18/07/15	Grantham Club Championships 2015	Grantham	EM151257	4
400 Individual Medley	5:54.20	5:59.10	390	16/03/13	Lincolnshire County Championships	Louth	CC3003	2
100 Individual Medley	1:15.58	1:15.60	417	02/05/15	31st Tulip Open Meet	Spalding	EM150305	3