

Individual Best Times (All Time)

Jack Mossman - (857113) - Alnwick Dolphin SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Breaststroke	46.57	45.90	173	02/02/14	NDSA Championships	Sunderland	CC4064	1
200 Breaststroke	4:03.28	4:01.10	137	17/03/12	Northumberland & Durham County Champs	Sunderland	CC2040	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	39.46	40.00	133	07/09/13	South Tyneside ASC Autumn Meet	Hebburn	NE3829	3
100 Freestyle	1:26.78	1:27.70	137	07/03/15	Derwentside ASC Developmental 2015	Stanley	NE150720	3
200 Freestyle	3:08.37	3:10.20	146	10/07/15	Alnwick Dolphins Club Championships	Alnwick	NE151006	4
400 Freestyle	6:55.74	6:59.10	133	20/04/13	Alnwick Dolphins Time Trials & Club Champs	Alnwick	NE3517	4
800 Freestyle	14:32.89	14:39.50	131	04/07/14	Alnwick Dolphins 2014 Club Championships	Alnwick	NE4686	4
50 Breaststroke	47.13	47.80	148	20/10/13	Durham City ASC Medley Challenge	Durham	NE3817	3
100 Breaststroke	1:43.27	1:44.50	153	07/09/13	South Tyneside ASC Autumn Meet	Hebburn	NE3829	3
200 Breaststroke	3:35.25	3:37.70	173	07/03/15	Derwentside ASC Developmental 2015	Stanley	NE150720	3
50 Butterfly	50.35	50.70	80	20/10/13	Durham City ASC Medley Challenge	Durham	NE3817	3
50 Backstroke	46.66	47.10	106	20/10/13	Durham City ASC Medley Challenge	Durham	NE3817	3
100 Backstroke	1:39.45	1:40.30	114	11/07/15	Alnwick Dolphins Club Championships	Alnwick	NE151006	4
200 Backstroke	3:36.88	3:38.40	115	04/07/14	Alnwick Dolphins 2014 Club Championships	Alnwick	NE4686	4
200 Individual Medley	3:34.70	3:36.50	133	09/11/13	Alnwick Dolphins Time Trials	Alnwick	NE31015	4
100 Individual Medley	1:41.62	1:41.60	114	12/07/15	Alnwick Dolphins Club Championships	Alnwick	NE151006	4