

# Individual Best Times (All Time)

Fiona Robson - (857112) - Alnwick Dolphin SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.28	31.60	391	17/05/14	City of Sunderland May Open 2014	Sunderland	NE4378	1
100 Freestyle	1:15.88	1:14.80	316	03/02/13	Northumberland & Durham County Champs	Sunderland	CC3095	1
200 Freestyle	2:39.98	2:37.80	351	18/05/13	City of Sunderland May Open Meet	Sunderland	NE3324	1
400 Freestyle	5:43.99	5:39.90	320	07/10/12	Northumberland & Durham Autumn Meet 2012	Sunderland	NE2628	3
50 Breaststroke	48.16	47.50	221	09/03/13	Northumberland & Durham County Champs	Sunderland	CC3097	1
100 Breaststroke	1:39.36	1:38.10	268	13/07/13	City of Sunderland Summer Splash	Sunderland	NE3542	3
200 Breaststroke	3:37.08	3:34.60	254	08/07/12	City of Sunderland Summer Splash	Sunderland	NE2187	3
50 Butterfly	33.09	32.50	402	01/03/15	Northumberland & Durham County Championships	Sunderland	NE150631	1
100 Butterfly	1:13.54	1:12.50	429	28/02/15	Northumberland & Durham County Championships	Sunderland	NE150631	1
200 Butterfly	2:45.46	2:43.50	398	08/02/15	Northumberland & Durham County Championships	Sunderland	NE150630	1
200 Backstroke	3:09.42	3:07.60	274	07/10/12	Northumberland & Durham Autumn Meet 2012	Sunderland	NE2628	3
200 Individual Medley	2:47.71	2:45.30	425	17/05/14	City of Sunderland May Open 2014	Sunderland	NE4378	1
400 Individual Medley	6:11.79	6:07.00	365	06/02/16	Northumberland & Durham County Champs	Sunderland	NE160071	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.48	33.10	351	15/11/14	Borough Of Stockton Swim Scheme Meet	Billingham	NE14131	3
100 Freestyle	1:09.97	1:11.20	370	18/01/15	Newcastle Swim Team New Year Graded Meet	Stanley	NE150266	3
200 Freestyle	2:31.82	2:34.10	383	10/07/15	Alnwick Dolphins Club Championships	Alnwick	NE151006	4
400 Freestyle	5:25.45	5:29.70	358	17/01/15	Newcastle Swim Team New Year Graded Meet	Stanley	NE150266	3
800 Freestyle	10:44.16	10:53.10	407	04/07/14	Alnwick Dolphins 2014 Club Championships	Alnwick	NE4686	4
50 Breaststroke	45.89	46.60	236	11/05/13	Tynemouth ASC Open Sprints & Teams 2013	Tynemouth	NE3325	3
100 Breaststroke	1:30.22	1:31.60	330	19/10/14	Durham City Medley Challenge	Durham	NE14545	3
200 Breaststroke	3:12.31	3:15.00	342	17/01/15	Newcastle Swim Team New Year Graded Meet	Stanley	NE150266	3
50 Butterfly	34.16	34.70	363	15/11/14	Borough Of Stockton Swim Scheme Meet	Billingham	NE14131	3
100 Butterfly	1:12.74	1:13.80	410	11/07/15	Alnwick Dolphins Club Championships	Alnwick	NE151006	4
200 Butterfly	2:41.57	2:43.50	405	11/07/15	Alnwick Dolphins Club Championships	Alnwick	NE151006	4
50 Backstroke	38.79	39.30	275	08/09/13	South Tyneside ASC Autumn Meet	Hebburn	NE3829	3
100 Backstroke	1:19.40	1:20.40	330	10/12/16	Middlesbrough Christmas Meet	Middlesbrough	NE161276	3
200 Backstroke	2:46.19	2:48.20	366	18/01/15	Newcastle Swim Team New Year Graded Meet	Stanley	NE150266	3
200 Individual Medley	2:44.66	2:47.00	405	19/10/14	Durham City Medley Challenge	Durham	NE14545	3
400 Individual Medley	5:49.49	5:54.50	406	18/01/15	Newcastle Swim Team New Year Graded Meet	Stanley	NE150266	3
100 Individual Medley	1:19.65	1:19.70	357	10/07/16	Alnwick Dolphins 2016 Club Championships	Alnwick	NE161592	4