

Individual Best Times (All Time)

Dusty Saines - (857073) - South Lincs Competitive SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.68	27.90	557	06/05/19	SE East Midlands Region Champs 2019 Gala 2	Sheffield	EM191624	1
100 Freestyle	1:04.13	1:02.80	524	30/03/19	Team Luton March Open Meet	Luton	ER190183	1
200 Freestyle	2:21.23	2:18.70	510	14/03/20	Putteridge Spring Long Course National Qualifier	Inspire Luton	ER200097	1
400 Freestyle	5:30.56	5:26.30	361	14/05/17	City of Sheffield No Frills Meet	Sheffield	NE170249	1
50 Breaststroke	39.64	38.80	398	31/03/19	Team Luton March Open Meet	Luton	ER190183	1
100 Breaststroke	1:27.18	1:25.70	398	06/07/19	Northampton 2019 Long Course Summer Festival	Corby	EM191221	3
200 Breaststroke	3:06.29	3:03.40	402	14/03/20	Putteridge Spring Long Course National Qualifier	Inspire Luton	ER200097	1
50 Butterfly	32.27	31.70	433	31/03/18	City of Norwich Easter Long Course Meet	Norwich	ER180144	1
100 Butterfly	1:13.18	1:12.10	435	31/03/19	Team Luton March Open Meet	Luton	ER190183	1
200 Butterfly	2:39.99	2:38.00	441	14/03/20	Putteridge Spring Long Course National Qualifier	Inspire Luton	ER200097	1
50 Backstroke	35.28	34.70	441	06/07/19	Northampton 2019 Long Course Summer Festival	Corby	EM191221	3
100 Backstroke	1:15.61	1:14.50	435	31/03/19	Team Luton March Open Meet	Luton	ER190183	1
200 Backstroke	2:43.26	2:41.20	429	15/03/20	Putteridge Spring Long Course National Qualifier	Inspire Luton	ER200097	1
200 Individual Medley	2:38.52	2:36.00	503	14/03/20	Putteridge Spring Long Course National Qualifier	Inspire Luton	ER200097	1
400 Individual Medley	5:43.31	5:38.10	464	15/03/20	Putteridge Spring Long Course National Qualifier	Inspire Luton	ER200097	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.27	30.00	480	04/05/19	South Lincs Competitive 35th Tulip Open Meet	Spalding	EM190547	3
100 Freestyle	1:02.65	1:04.00	515	16/11/19	The Leicester Open 2019	Braunstone	EM193161	2
200 Freestyle	2:14.58	2:17.10	550	04/05/19	South Lincs Competitive 35th Tulip Open Meet	Spalding	EM190547	3
400 Freestyle	4:54.01	4:58.70	486	13/10/19	South Lincs Competitive Swim Club Club Champs 2019	Spalding	EM192324	3
800 Freestyle	9:57.93	10:07.50	509	20/10/19	South Lincs Competitive Swim Club Club Champs 2019	Spalding	EM192325	3
1500 Freestyle	20:01.14	20:18.20	432	14/10/18	SLCSC Club Championships 2018	Spalding	EM181995	3
50 Breaststroke	37.91	38.70	419	10/02/19	Lincolnshire County Championships 2019	Grantham	EM190239	2
100 Breaststroke	1:22.76	1:24.30	427	08/02/20	Lincolnshire County Championships 2020	Louth	EM200133	2
200 Breaststroke	2:53.50	2:56.50	466	02/02/20	Lincolnshire County Championships 2020	Grantham	EM200132	2
50 Butterfly	32.11	32.70	437	09/02/20	Lincolnshire County Championships 2020	Louth	EM200133	2
100 Butterfly	1:10.26	1:11.30	455	02/02/20	Lincolnshire County Championships 2020	Grantham	EM200132	2
200 Butterfly	2:35.67	2:37.70	453	02/11/19	South Lincs Competitive Swim Club Club Champs 2019	Spalding	EM192326	3
50 Backstroke	33.91	34.50	412	02/02/20	Lincolnshire County Championships 2020	Grantham	EM200132	2
100 Backstroke	1:11.69	1:12.80	448	09/02/20	Lincolnshire County Championships 2020	Louth	EM200133	2
200 Backstroke	2:31.07	2:33.30	488	08/02/20	Lincolnshire County Championships 2020	Louth	EM200133	2
200 Individual Medley	2:32.58	2:35.10	509	08/02/20	Lincolnshire County Championships 2020	Louth	EM200133	2
400 Individual Medley	5:26.52	5:31.90	498	07/12/19	COPS Winter Meet 2019 20	Peterborough	ER193148	3
100 Individual Medley	1:11.53	1:11.50	493	02/02/20	Lincolnshire County Championships 2020	Grantham	EM200132	2