

Individual Best Times (All Time)

Benjamin Curliss - (856252) - Seaclose Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.01	26.20	463	12/02/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170466	1
100 Freestyle	1:00.50	59.10	464	27/11/16	Rushmoor Royals SC Last Chance County Qualifier	Aldershot	SE161449	3
200 Freestyle	2:17.39	2:14.80	409	27/11/16	Rushmoor Royals SC Last Chance County Qualifier	Aldershot	SE161449	3
400 Freestyle	4:52.96	4:48.10	423	20/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	SE160096	1
1500 Freestyle	19:59.28	19:41.90	383	02/04/15	Portsmouth Northsea Easter Festival L1 Meet	Portsmouth	SE150138	1
50 Breaststroke	38.75	37.90	300	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170466	1
100 Breaststroke	1:30.52	1:29.10	248	08/05/16	Portsmouth Northsea LC Sprint Meet 2016	Portsmouth	SE160454	3
50 Butterfly	31.18	30.60	364	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170466	1
100 Butterfly	1:23.71	1:22.80	206	15/06/14	ASA South East Region Age Group Championships	Crawley	SER419	1
50 Backstroke	34.80	34.20	309	26/11/16	Rushmoor Royals SC Last Chance County Qualifier	Aldershot	SE161449	3
100 Backstroke	1:14.87	1:13.80	327	08/05/16	Portsmouth Northsea LC Sprint Meet 2016	Portsmouth	SE160454	3
200 Backstroke	2:41.90	2:39.80	330	27/11/16	Rushmoor Royals SC Last Chance County Qualifier	Aldershot	SE161449	3
200 Individual Medley	2:37.47	2:34.90	379	27/11/16	Rushmoor Royals SC Last Chance County Qualifier	Aldershot	SE161449	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.95	27.70	418	19/03/17	17th City of Southampton Open Meet	Southampton	SE170104	3
100 Freestyle	59.59	1:01.00	426	19/03/17	17th City of Southampton Open Meet	Southampton	SE170104	3
200 Freestyle	2:13.30	2:15.90	414	12/07/16	West Wight Club Championships 2016	Freshwater	SE161385	4
400 Freestyle	4:42.70	4:47.60	423	13/03/16	16th City of Southampton Open Meet	Southampton	SE160008	2
1500 Freestyle	19:26.39	19:44.00	382	05/07/16	West Wight Club Championships 2016	Freshwater	SE161382	4
50 Breaststroke	36.50	37.40	319	19/11/16	Isle of Wight Sprints 2016	Newport	SE162428	4
100 Breaststroke	1:26.47	1:27.90	261	22/04/17	Isle of Wight Champs 2017	Isle of Wight	SE171290	4
200 Breaststroke	3:22.32	3:24.90	209	17/10/14	Isle of Wight Distance Championships 2014	Isle of Wight	SE4993	4
50 Butterfly	31.34	31.90	334	20/11/16	Isle of Wight Sprints 2016	Newport	SE162428	4
100 Butterfly	1:12.94	1:14.00	281	08/07/16	West Wight Club Championships 2016	Freshwater	SE161383	4
200 Butterfly	3:54.91	3:56.30	94	27/09/13	West Wight SC IOW Distance Championships	Isle of Wight	SE3863	4
50 Backstroke	33.59	34.20	285	19/11/16	Isle of Wight Sprints 2016	Newport	SE162428	4
100 Backstroke	1:12.39	1:13.50	297	23/04/16	Seaclose Isle of Wight Champs 2016	Isle of Wight	SE161076	4
200 Backstroke	2:32.58	2:34.80	331	16/10/16	Rushmoor Royals Autumn Open Meet 2016	Aldershot	SE161499	2
200 Individual Medley	2:31.84	2:34.40	376	19/03/17	17th City of Southampton Open Meet	Southampton	SE170104	3
400 Individual Medley	5:34.41	5:39.60	346	29/06/16	West Wight Club Championships 2016	Freshwater	SE161381	4
100 Individual Medley	1:11.85	1:11.80	322	20/11/16	Isle of Wight Sprints 2016	Newport	SE162428	4