Individual Best Times (All Time)

Lucy Keith - (855728) - Leighton Buzzard SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.79	29.10	497	13/02/16	Bedfordshire Age Group & County Champs	Luton	ER160102	1
100 Freestyle	1:07.46	1:06.20	450	30/01/16	Bedfordshire Age Group & County Champs	Luton	ER160101	1
200 Freestyle	2:34.82	2:32.60	387	08/03/15	Bedfordshire ASA County Championships	Luton	CC150189	1
50 Butterfly	32.43	31.80	427	02/05/16	ASA East Region Long Course Championships	Norwich	ER160820	1
50 Backstroke	34.17	33.60	485	22/03/15	Bedfordshire ASA County Championships	Luton	CC150190	1
100 Backstroke	1:15.72	1:14.70	434	21/03/15	Bedfordshire ASA County Championships	Luton	CC150190	1
200 Backstroke	2:46.48	2:44.50	404	08/03/15	Bedfordshire ASA County Championships	Luton	CC150189	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.58	30.30	465	08/11/15	ASA East Region Winter Championships 2015	Luton	ER151653	2
100 Freestyle	1:07.73	1:09.00	408	25/01/15	Biggleswade 16th Open Meet	Biggleswade	ER150191	3
200 Freestyle	2:33.38	2:35.60	371	15/11/15	Leighton Buzzard SC 2015 Club Championships	Tiddenfoot	ER151695	4
400 Freestyle	6:09.81	6:13.60	244	17/11/13	Leighton Buzzard Club Championships	Leighton Buzzard	ER3869	4
50 Breaststroke	43.37	44.10	279	30/10/15	Eyemouth Open Meet	Eyemouth	SCO1036	3
100 Breaststroke	1:32.63	1:34.00	305	15/11/15	Leighton Buzzard SC 2015 Club Championships	Tiddenfoot	ER151695	4
200 Breaststroke	3:25.33	3:27.90	281	16/11/15	Leighton Buzzard SC 2015 Club Championships	Tiddenfoot	ER151696	4
50 Butterfly	32.14	32.70	436	13/03/16	Mid Beds Swim Squad Level 2 Open Meet	Biggleswade	ER160410	2
100 Butterfly	1:24.34	1:25.20	263	14/11/14	Leighton Buzzard Club Championships	Leighton Buzzard	ER14572	4
200 Butterfly	4:19.72	4:20.90	97	16/11/12	Leighton Buzzard Club Championships	Leighton Buzzard	ER2752	4
50 Backstroke	33.56	34.20	425	24/01/15	Biggleswade 16th Open Meet	Biggleswade	ER150191	3
100 Backstroke	1:14.29	1:15.40	403	25/01/15	Biggleswade 16th Open Meet	Biggleswade	ER150191	3
200 Backstroke	2:47.99	2:50.00	354	13/11/15	Leighton Buzzard SC 2015 Club Championships	Tiddenfoot	ER151693	4
200 Individual Medley	2:49.10	2:51.40	374	27/06/15	Leighton Buzzard Spills Round 4	Leighton Buzzard	ER150340	4
400 Individual Medley	7:00.88	7:05.00	232	21/11/13	Leighton Buzzard Club Championships	Leighton Buzzard	ER3869	4
100 Individual Medley	1:26.16	1:26.20	282	17/05/14	Leighton Buzzard SC May Level 3 Open Meet	Bletchley	ER4142	3

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