

Individual Best Times (All Time)

Harry Shaw - (854255) - Lancaster City SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.88	26.10	470	08/02/20	Lancashire County Age Groups & County Champs	Manchester	NW200181	1
100 Freestyle	59.33	57.90	492	25/01/20	Lancashire County Age Groups & County Champs	Manchester	NW200179	1
200 Freestyle	3:31.31	3:29.70	112	17/03/12	Lancashire County Championships	Manchester	CC2016	1
50 Breaststroke	47.35	46.70	164	16/03/14	Lancashire County Championships	Manchester	CC4087	1
200 Breaststroke	3:41.87	3:39.50	180	09/03/14	Lancashire Age Groups & Championships	Manchester	CC4086	1
50 Backstroke	39.63	39.10	209	15/03/14	Lancashire County Championships	Manchester	CC4087	1
100 Backstroke	1:25.05	1:24.10	223	08/03/14	Lancashire Age Groups & Championships	Manchester	CC4086	1
200 Backstroke	3:14.22	3:12.50	191	17/03/13	Lancashire County Championships	Liverpool	CC3062	1
200 Individual Medley	3:16.06	3:14.00	196	09/03/14	Lancashire Age Groups & Championships	Manchester	CC4086	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.44	27.20	443	08/12/19	Lancaster City 2019 Winter Gala	Salt Ayre	NW193174	4
100 Freestyle	58.61	1:00.00	447	08/12/19	Lancaster City 2019 Winter Gala	Salt Ayre	NW193174	4
200 Freestyle	2:15.17	2:17.70	397	27/10/18	Blackpool Lights 2018	Blackpool	NW181005	3
400 Freestyle	4:57.29	5:02.00	363	01/04/18	Burnley Bobcats Last Chance Regional Qual Meet	Darwen LC	NW180394	3
50 Breaststroke	34.40	35.30	381	30/03/19	Burnley Bobcats Last Chance Regional Qualifier	Darwen	NW190306	3
100 Breaststroke	1:19.61	1:21.20	334	31/03/19	Burnley Bobcats Last Chance Regional Qualifier	Darwen	NW190306	3
200 Breaststroke	3:03.97	3:06.80	278	02/07/17	Lancaster City 2017 Summer Club Champs	Lancaster	NW171433	4
50 Butterfly	30.41	31.00	365	07/07/19	Lancaster City 2019 Summer Gala	Salt Ayre	NW192233	4
100 Butterfly	1:10.45	1:11.50	311	30/03/19	Burnley Bobcats Last Chance Regional Qualifier	Darwen	NW190306	3
200 Butterfly	3:06.97	3:08.70	186	07/07/19	Lancaster City 2019 Summer Gala	Salt Ayre	NW192233	4
50 Backstroke	32.75	33.40	307	27/10/18	Blackpool Lights 2018	Blackpool	NW181005	3
100 Backstroke	1:10.61	1:11.70	320	30/03/19	Burnley Bobcats Last Chance Regional Qualifier	Darwen	NW190306	3
200 Backstroke	2:34.36	2:36.50	320	28/10/18	Blackpool Lights 2018	Blackpool	NW181005	3
200 Individual Medley	2:30.93	2:33.50	383	31/03/19	Burnley Bobcats Last Chance Regional Qualifier	Darwen	NW190306	3
100 Individual Medley	1:10.63	1:10.60	339	28/10/18	Blackpool Lights 2018	Blackpool	NW181005	3