

Individual Best Times (All Time)

Natasha Hamilton - (853474) - Maidstone SC

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------------|---------|-----------------|-----------|----------|----------------------------------|----------------|----------|-------|
| 50 Freestyle | 29.34 | 28.60 | 521 | 13/02/16 | Kent Swimming Championships 2016 | London | SE160331 | 1 |
| 100 Freestyle | 1:02.71 | 1:01.40 | 560 | 31/01/16 | Kent Swimming Championships 2016 | Crystal Palace | SE160329 | 1 |
| 200 Freestyle | 2:15.23 | 2:12.60 | 581 | 31/01/16 | Kent Swimming Championships 2016 | Crystal Palace | SE160329 | 1 |
| 400 Freestyle | 4:42.14 | 4:37.10 | 580 | 23/01/16 | Kent Swimming Championships 2016 | Crystal Palace | SE160328 | 1 |
| 800 Freestyle | 9:48.44 | 9:38.50 | 559 | 24/01/16 | Kent Swimming Championships 2016 | Crystal Palace | SE160328 | 1 |
| 200 Breaststroke | 3:16.89 | 3:14.20 | 340 | 07/02/16 | Kent Swimming Championships 2016 | Crystal Palace | SE160330 | 1 |
| 50 Butterfly | 31.88 | 31.30 | 450 | 14/02/16 | Kent Swimming Championships 2016 | London | SE160331 | 1 |
| 100 Butterfly | 1:12.28 | 1:11.20 | 452 | 05/08/16 | Swim Wales Summer Nationals | Swansea | WL160020 | 1 |
| 200 Butterfly | 2:49.88 | 2:48.00 | 368 | 06/02/16 | Kent Swimming Championships 2016 | Crystal Palace | SE160330 | 1 |
| 50 Backstroke | 34.68 | 34.10 | 464 | 13/02/16 | Kent Swimming Championships 2016 | London | SE160331 | 1 |
| 100 Backstroke | 1:13.52 | 1:12.40 | 474 | 30/01/16 | Kent Swimming Championships 2016 | Crystal Palace | SE160329 | 1 |
| 200 Backstroke | 2:34.65 | 2:32.50 | 504 | 30/01/16 | Kent Swimming Championships 2016 | Crystal Palace | SE160329 | 1 |
| 200 Individual Medley | 2:39.78 | 2:37.30 | 491 | 14/02/16 | Kent Swimming Championships 2016 | London | SE160331 | 1 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|----------|-----------------|-----------|----------|--|-----------------|----------|-------|
| 50 Freestyle | 29.18 | 29.90 | 485 | 05/11/16 | ASA South East Region Winter Championships 2016 | Portsmouth | SE162237 | 2 |
| 100 Freestyle | 1:03.34 | 1:04.60 | 499 | 05/12/15 | Royal Tunbridge Wells Monson Club Championships | Tunbridge Wells | SE151920 | 4 |
| 200 Freestyle | 2:16.98 | 2:19.50 | 522 | 28/11/15 | Royal Tunbridge Wells Monson SC Club Championships | Tunbridge Wells | SE151919 | 4 |
| 400 Freestyle | 4:41.50 | 4:46.40 | 554 | 16/10/16 | RTW Monson Club Championships | Tonbridge | SE162281 | 4 |
| 800 Freestyle | 9:48.48 | 9:58.20 | 533 | 25/10/15 | Royal Tunbridge Wells Monson SC Club Championships | Tonbridge | SE151915 | 4 |
| 1500 Freestyle | 18:52.14 | 19:10.20 | 516 | 11/10/15 | Royal Tunbridge Wells Monson Club Championships | Tonbridge | SE151913 | 4 |
| 50 Breaststroke | 43.67 | 44.40 | 274 | 23/11/14 | Sevenoaks Club Championships | Sevenoaks | SE4914 | 4 |
| 100 Breaststroke | 1:30.08 | 1:31.50 | 331 | 05/12/15 | Royal Tunbridge Wells Monson Club Championships | Tunbridge Wells | SE151920 | 4 |
| 200 Breaststroke | 3:06.80 | 3:09.60 | 373 | 28/11/15 | Royal Tunbridge Wells Monson SC Club Championships | Tunbridge Wells | SE151919 | 4 |
| 50 Butterfly | 32.82 | 33.40 | 409 | 19/04/15 | Thanet No Frills Regional Qualifier Meet | Margate | SE150326 | 3 |
| 100 Butterfly | 1:08.14 | 1:09.20 | 499 | 08/10/16 | NASL South | High Wycombe | SE162296 | 3 |
| 200 Butterfly | 2:39.26 | 2:41.20 | 423 | 07/12/15 | Royal Tunbridge Wells Monson Club Championships | Tunbridge Wells | SE151921 | 4 |
| 50 Backstroke | 33.59 | 34.20 | 424 | 15/10/16 | Rushmoor Royals Autumn Open Meet 2016 | Aldershot | SE161499 | 2 |
| 100 Backstroke | 1:11.55 | 1:12.70 | 451 | 28/11/15 | Royal Tunbridge Wells Monson SC Club Championships | Tunbridge Wells | SE151919 | 4 |
| 200 Backstroke | 2:33.78 | 2:35.90 | 462 | 05/12/15 | Royal Tunbridge Wells Monson Club Championships | Tunbridge Wells | SE151920 | 4 |
| 200 Individual Medley | 2:38.01 | 2:40.50 | 458 | 05/12/15 | Royal Tunbridge Wells Monson Club Championships | Tunbridge Wells | SE151920 | 4 |
| 100 Individual Medley | 1:13.60 | 1:13.60 | 452 | 07/12/15 | Royal Tunbridge Wells Monson Club Championships | Tunbridge Wells | SE151921 | 4 |