

Individual Best Times (All Time)

Mackenzie Russell - (852236) - Guildford City Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.08	25.30	515	07/04/19	Guildford City Level 1 Spring Open Meet	Surrey Sports Park	SE190010	1
100 Freestyle	56.74	55.30	563	25/01/20	Surrey Age Group Championships 2020	Surrey	LR200259	1
200 Freestyle	2:04.67	2:01.90	547	23/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	SE190056	1
400 Freestyle	4:33.34	4:28.20	521	26/01/19	Surrey Age Group Championships 2019	Surrey	LR190269	1
800 Freestyle	9:13.71	9:03.20	544	05/04/19	Guildford City Level 1 Spring Open Meet	Surrey Sports Park	SE190010	1
1500 Freestyle	18:19.93	18:01.00	496	29/03/18	Portsmouth Northsea Easter Meet	Mountbatten SC	SE180278	1
50 Breaststroke	38.26	37.40	312	23/02/19	Surrey Age Group Championships 2019	London	LR190271	1
100 Breaststroke	1:32.26	1:30.90	234	14/05/17	ASA South East Region Championships 2017	Crawley	SE170866	1
50 Butterfly	29.21	28.60	443	23/02/19	Surrey Age Group Championships 2019	London	LR190271	1
100 Butterfly	1:25.75	1:24.90	191	07/02/16	Surrey County ASA Age Group Championships 2016	Guildford	LR160382	1
200 Butterfly	2:46.28	2:44.40	292	27/05/17	ASA South East Region Championships 2017	Crawley	SE170867	1
50 Backstroke	30.71	30.10	450	07/04/19	Guildford City Level 1 Spring Open Meet	Surrey Sports Park	SE190010	1
100 Backstroke	1:07.37	1:06.20	449	25/01/20	Surrey Age Group Championships 2020	Surrey	LR200259	1
200 Backstroke	2:23.17	2:20.80	477	06/04/19	Guildford City Level 1 Spring Open Meet	Surrey Sports Park	SE190010	1
200 Individual Medley	2:31.52	2:28.90	425	07/04/18	Guildford City L1 Spring Open Meet	Surrey	SE180122	1
400 Individual Medley	5:30.48	5:25.10	395	10/02/18	Surrey Age Group Championships 2018	Surrey	LR180303	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.23	27.00	454	16/06/19	Hillingdon 3rd Maurice & Daphne Memorial Meet	Hillingdon	LR191733	2
100 Freestyle	56.02	57.50	512	07/10/18	Swim England National County Team Div 1 Champs	Sheffield	ENG010	2
200 Freestyle	2:00.19	2:03.00	565	16/06/19	Hillingdon 3rd Maurice & Daphne Memorial Meet	Hillingdon	LR191733	2
400 Freestyle	4:18.22	4:23.60	555	15/06/19	Hillingdon 3rd Maurice & Daphne Memorial Meet	Hillingdon	LR191733	2
800 Freestyle	9:09.84	9:20.20	524	19/10/19	Hart SC Distance Open Meet 2019	Hart LC	SE192670	3
1500 Freestyle	17:38.97	17:58.30	511	30/10/18	NAGS Squad Distance Meet	Surrey Sports Park	SE181936	4
50 Breaststroke	39.29	40.10	256	15/12/18	Hillingdon Winter Meet 2018	Uxbridge	LR182147	3
100 Breaststroke	1:22.22	1:23.70	303	16/12/18	Hillingdon Winter Meet 2018	Uxbridge	LR182147	3
200 Breaststroke	3:26.89	3:29.40	195	14/02/16	Surrey County Age Group Championships 2016	Guildford	LR160383	2
50 Butterfly	30.70	31.30	355	16/12/18	Hillingdon Winter Meet 2018	Uxbridge	LR182147	3
100 Butterfly	1:06.46	1:07.60	371	21/12/19	Hillingdon The Fast and The Festive FINIS Meet	Hillingdon	LR192991	2
200 Butterfly	3:03.94	3:05.70	196	13/02/16	Surrey County Age Group Championships 2016	Guildford	LR160383	2
50 Backstroke	31.10	31.70	359	16/12/18	Hillingdon Winter Meet 2018	Uxbridge	LR182147	3
100 Backstroke	1:02.71	1:04.00	457	16/11/19	Guildford City Winter Open Meet	Surrey Sports Park	SE191744	2
200 Backstroke	2:20.13	2:22.50	428	18/11/18	Guildford City L2 Winter Open	Surrey SP	SE180713	2
200 Individual Medley	2:27.47	2:30.10	410	23/06/19	English Schools Swimming Association Summer Open	Crawley	SE190451	3
400 Individual Medley	5:23.21	5:28.60	383	18/11/17	Guildford City L2 Winter Meet	Guildford	SE171847	2
100 Individual Medley	1:19.07	1:19.10	242	14/02/16	Surrey County Age Group Championships 2016	Guildford	LR160383	2