

Individual Best Times (All Time)

Sarah Wilson - (850829) - Bradford-On-Avon ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.27	32.60	357	22/12/13	Plymouth Leander Level 1 LC Open 2013	Plymouth	SW3980	1
100 Freestyle	1:19.52	1:18.50	274	07/04/13	3 Towers Spring Open Meet	Millfield	SW3249	3
200 Freestyle	2:36.66	2:34.40	373	21/12/13	Plymouth Leander Level 1 LC Open 2013	Plymouth	SW3980	1
400 Freestyle	5:32.05	5:27.80	356	11/04/15	City of Wells Open Meet	Millfield	SW150093	3
800 Freestyle	11:50.98	11:42.80	317	19/01/13	ASA South West Region Open Meet	Plymouth	SW3203	1
50 Breaststroke	42.76	42.00	317	22/12/13	Plymouth Leander Level 1 LC Open 2013	Plymouth	SW3980	1
100 Breaststroke	1:32.63	1:31.30	331	11/04/15	City of Wells Open Meet	Millfield	SW150093	3
200 Breaststroke	3:35.48	3:33.00	260	15/07/12	Plymouth Leander Non National Qualifier	Plymouth	SW2385	3
50 Butterfly	41.06	40.60	210	28/09/14	Early Season Sprint & I M Long Course Meet	Bristol	SW14035	3
50 Backstroke	40.68	40.20	287	21/12/13	Plymouth Leander Level 1 LC Open 2013	Plymouth	SW3980	1
200 Backstroke	2:54.87	2:52.90	349	16/11/13	Aquae Sulis Grand Prix	Bristol	SW3266	1
200 Individual Medley	3:06.73	3:04.60	308	28/09/14	Early Season Sprint & I M Long Course Meet	Bristol	SW14035	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.71	33.30	344	01/10/16	Bradford on Avon Club Championships	Bradford on Avon	SW161999	4
100 Freestyle	1:10.03	1:11.20	369	02/10/16	Bradford on Avon Club Championships	Bradford on Avon	SW161999	4
200 Freestyle	2:31.07	2:33.40	389	02/10/15	Bradford on Avon ASC Club Championships	Bradford on Avon	SW151871	4
400 Freestyle	5:21.17	5:25.50	373	23/03/14	Wiltshire ASA Age Group Championships	Swindon	CC4101	2
800 Freestyle	12:02.86	12:10.80	288	20/11/12	Carn Brea & Helston SC Distance Champs	Carn Brea	SW2540	4
50 Breaststroke	41.31	42.10	323	02/10/15	Bradford on Avon ASC Club Championships	Bradford on Avon	SW151871	4
100 Breaststroke	1:29.78	1:31.20	335	17/01/16	Wiltshire Age Groups Championships	Swindon	SW160240	2
200 Breaststroke	3:10.30	3:13.10	353	30/01/16	Wiltshire Age Group Championships	Swindon	SW160241	2
50 Butterfly	38.59	39.10	252	27/09/15	Aquae Sulis & City of Bristol 2nd Early Season Mt	Bristol	SW151374	3
50 Backstroke	38.12	38.60	290	23/05/15	Southwold May Meet	Gloucester	SW150404	3
100 Backstroke	1:19.53	1:20.50	328	17/01/16	Wiltshire Age Groups Championships	Swindon	SW160240	2
200 Backstroke	2:49.79	2:51.70	343	09/03/14	Wiltshire ASA Age Group Championships	Swindon	CC4100	2
200 Individual Medley	2:59.32	3:01.50	313	22/03/14	Wiltshire ASA Age Group Championships	Swindon	CC4101	2
100 Individual Medley	1:20.20	1:20.20	349	16/01/16	Wiltshire Age Groups Championships	Swindon	SW160240	2