

Individual Best Times (All Time)

Millie Gregory - (850415) - Bracknell & Wokingham SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.41	29.70	467	10/05/14	Beckenham International Open Meet	London	LR4343	1
100 Freestyle	1:06.09	1:04.80	478	16/11/14	Aquae Sulis Grand Prix	Bristol	SW4483	1
200 Freestyle	2:26.71	2:24.30	455	19/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	ER4035	1
400 Freestyle	5:03.96	4:59.30	464	25/10/14	Rushmoor Royals 11th Autumn Meet	Aldershot	SE4908	1
50 Breaststroke	42.75	42.00	317	20/07/14	Portsmouth Northsea SC PN End of Season Meet	Portsmouth	SE4226	3
100 Breaststroke	1:32.55	1:31.20	332	19/07/14	Portsmouth Northsea SC PN End of Season Meet	Portsmouth	SE4226	3
200 Breaststroke	3:20.41	3:17.80	323	20/07/14	Portsmouth Northsea SC PN End of Season Meet	Portsmouth	SE4226	3
50 Butterfly	36.92	36.40	289	16/11/14	Aquae Sulis Grand Prix	Bristol	SW4483	1
50 Backstroke	35.32	34.70	439	16/11/14	Aquae Sulis Grand Prix	Bristol	SW4483	1
100 Backstroke	1:17.91	1:16.90	398	18/05/14	Bracknell & Wokingham SC L1 Open Meet	Aldershot	SE4049	1
200 Backstroke	2:45.75	2:43.70	410	18/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	ER4035	1
200 Individual Medley	2:47.21	2:44.80	429	18/05/14	Bracknell & Wokingham SC L1 Open Meet	Aldershot	SE4049	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.75	30.40	457	23/08/14	Sheffield City SC 11th Annual Open Sprint Meet	Sheffield	NE4499	3
100 Freestyle	1:05.60	1:06.90	449	23/08/14	Sheffield City SC 11th Annual Open Sprint Meet	Sheffield	NE4499	3
200 Freestyle	2:22.96	2:25.40	459	17/05/14	Windsor SC Level 3 Open Meet	Maidenhead	SE4430	3
400 Freestyle	5:01.50	5:06.10	451	23/10/14	Windsor Club Championships	Windsor	SE14397	4
800 Freestyle	10:57.79	11:06.50	382	28/09/14	Windsor Club Championships	Maidenhead	SE14396	4
50 Breaststroke	41.66	42.40	315	23/08/14	Sheffield City SC 11th Annual Open Sprint Meet	Sheffield	NE4499	3
100 Breaststroke	1:29.18	1:30.60	341	12/10/14	Berkshire & South Bucks Development Meet	Bracknell	SE4527	3
200 Breaststroke	3:15.35	3:18.00	326	05/07/14	Bracknell & Woking Summer Meet	Bracknell	SE4228	3
50 Butterfly	34.59	35.10	350	12/10/14	Berkshire & South Bucks Development Meet	Bracknell	SE4527	3
100 Butterfly	1:23.50	1:24.40	271	11/10/14	National Swimming Arena South 2014 R1	Bexleyheath	LR14177	3
50 Backstroke	34.77	35.30	382	02/11/14	Ealing Level 3 Open Meet	Northolt	LR14004	3
100 Backstroke	1:15.45	1:16.50	385	23/08/14	Sheffield City SC 11th Annual Open Sprint Meet	Sheffield	NE4499	3
200 Backstroke	2:39.62	2:41.70	413	09/03/14	Berkshire & South Buckinghamshire Champs	Maidenhead	CC4021	2
200 Individual Medley	2:42.10	2:44.50	424	05/07/14	Bracknell & Woking Summer Meet	Bracknell	SE4228	3
400 Individual Medley	5:51.79	5:56.80	398	23/10/14	Windsor Club Championships	Windsor	SE14397	4
100 Individual Medley	1:16.83	1:16.80	397	12/07/14	Windsor Level 3 End of Season Sprint Meet	Maidenhead	SE4705	3