

Individual Best Times (All Time)

Katie Hirst - (849819) - City of Sheffield Swim Squad Ltd

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.66	27.90	559	23/07/16	City of Sheffield Swim Squad Summer Meet 2016	Sheffield	NE160211	3
100 Freestyle	1:01.67	1:00.30	589	26/03/17	City of Sheffield Premier Meet	Sheffield	NE170248	1
200 Freestyle	2:17.07	2:14.50	558	22/07/17	City of Sheffield Summer Meet	Sheffield	NE170250	3
400 Freestyle	5:03.40	4:58.70	466	03/09/17	Sheffield & District Championships	Sheffield	NE170631	4
50 Breaststroke	35.40	34.50	558	28/02/16	Yorkshire County Championships	Sheffield	NE160070	1
100 Breaststroke	1:19.12	1:17.50	532	13/03/16	City of Sheffield March Madness Meet	Sheffield	NE160333	3
200 Breaststroke	2:55.29	2:52.30	483	25/02/17	Yorkshire SA County Championships	Leeds	NE170143	1
50 Butterfly	29.86	29.20	547	18/12/16	City of Leeds Christmas Meet 2016	Leeds	NE160162	3
100 Butterfly	1:05.97	1:04.80	594	25/03/17	City of Sheffield Premier Meet	Sheffield	NE170248	1
200 Butterfly	2:36.17	2:34.10	474	25/02/17	Yorkshire SA County Championships	Leeds	NE170143	1
50 Backstroke	34.39	33.80	476	11/02/17	Yorkshire SA County Championships	Sheffield	NE170142	1
100 Backstroke	1:20.57	1:19.60	360	01/03/15	City of Sheffield Swim Squad Mini Qualifier	Sheffield	NE150213	3
200 Backstroke	2:58.37	2:56.50	329	01/12/13	City of Sheffield Snow Frills Gala	Sheffield	NE3174	3
200 Individual Medley	2:35.46	2:32.90	533	09/01/16	City of Leeds New Year Meet 2016	Leeds	NE160165	3
400 Individual Medley	5:50.12	5:45.10	437	21/02/15	Yorkshire County Championships	Leeds	NE150623	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.88	28.60	556	22/11/15	ASANER Regional Age Group Championships	Sunderland	NE151549	2
100 Freestyle	1:00.82	1:02.20	563	24/06/17	City of Leeds Summer Meet 2017	Leeds	NE170157	3
200 Freestyle	2:12.91	2:15.50	571	24/06/17	City of Leeds Summer Meet 2017	Leeds	NE170157	3
400 Freestyle	4:47.35	4:52.20	521	25/06/17	City of Leeds Summer Meet 2017	Leeds	NE170157	3
50 Breaststroke	35.27	36.10	520	21/11/15	ASANER Regional Age Group Championships	Sunderland	NE151549	2
100 Breaststroke	1:16.51	1:18.10	541	21/11/15	ASANER Regional Age Group Championships	Sunderland	NE151549	2
200 Breaststroke	2:55.77	2:58.80	448	22/11/15	ASANER Regional Age Group Championships	Sunderland	NE151549	2
50 Butterfly	28.84	29.50	604	16/12/16	ASA Winter Meet 2016	Sheffield	ASA153	2
100 Butterfly	1:07.08	1:08.20	523	22/10/17	Yorkshire SA Winter Competition	Sheffield	NE171863	2
200 Butterfly	2:42.29	2:44.20	400	10/02/18	Yorkshire County Championships	Leeds	NE180136	2
50 Backstroke	33.21	33.80	439	21/10/18	Yorkshire Winter Competition	Sheffield	NE182206	2
100 Backstroke	1:15.43	1:16.50	385	25/10/15	Retford Early Bird	Retford	EM151484	3
200 Backstroke	2:55.11	2:57.00	313	22/06/13	Harrogate District SC Summer A Grade Meet	Harrogate	NE3730	3
200 Individual Medley	2:34.62	2:37.20	489	21/10/17	Yorkshire SA Winter Competition	Sheffield	NE171863	2
400 Individual Medley	5:49.15	5:54.20	407	13/12/14	City of Bradford Level 3 Winter Meet	Shipley	NE14192	3
100 Individual Medley	1:10.66	1:10.70	511	17/04/16	Borough of Kirklees April Short Course Open Meet	Huddersfield	NE160599	3