

Individual Best Times (All Time)

Alexander Kemp - (848890) - Watford SC

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|------------------|---------|-----------------|-----------|----------|--|---------|----------|-------|
| 50 Freestyle | 28.61 | 27.90 | 390 | 22/04/17 | Wycombe District Long Course Sprint Meet | Wycombe | SE170721 | 3 |
| 100 Freestyle | 1:03.75 | 1:02.40 | 397 | 22/04/17 | Wycombe District Long Course Sprint Meet | Wycombe | SE170721 | 3 |
| 50 Breaststroke | 35.94 | 35.10 | 376 | 22/04/17 | Wycombe District Long Course Sprint Meet | Wycombe | SE170721 | 3 |
| 100 Breaststroke | 1:22.61 | 1:21.10 | 326 | 22/04/17 | Wycombe District Long Course Sprint Meet | Wycombe | SE170721 | 3 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|----------|-----------------|-----------|----------|---|-----------------|----------|-------|
| 50 Freestyle | 27.37 | 28.10 | 399 | 23/09/18 | Watford Club Championships 2018 | Garston | ER181664 | 4 |
| 100 Freestyle | 1:00.07 | 1:01.40 | 415 | 25/11/17 | Watford November 2017 County Qualifier | Garston | ER171250 | 3 |
| 200 Freestyle | 2:16.34 | 2:18.90 | 387 | 12/03/16 | Watford Regional Qualifier | Watford | ER160088 | 3 |
| 400 Freestyle | 4:49.10 | 4:53.90 | 395 | 12/03/16 | Watford Regional Qualifier | Watford | ER160088 | 3 |
| 1500 Freestyle | 19:43.69 | 20:01.00 | 366 | 22/11/17 | Watford & Hemel Hempstead Joint Club Champs | Garston | ER171355 | 3 |
| 50 Breaststroke | 35.43 | 36.30 | 349 | 18/11/18 | Watford November 2018 County Qualifier | Garston | ER181665 | 3 |
| 100 Breaststroke | 1:16.33 | 1:18.00 | 379 | 17/11/18 | Watford November 2018 County Qualifier | Garston | ER181665 | 3 |
| 200 Breaststroke | 2:52.59 | 2:55.60 | 337 | 30/11/16 | Watford 200 Club Champs | Watford | ER162422 | 4 |
| 50 Butterfly | 30.64 | 31.30 | 357 | 17/11/18 | Watford November 2018 County Qualifier | Garston | ER181665 | 3 |
| 100 Butterfly | 1:21.82 | 1:22.70 | 199 | 16/07/14 | Watford SC Club Championships Sprints 2014 | Watford | ER4867 | 4 |
| 50 Backstroke | 34.01 | 34.60 | 274 | 04/03/18 | Watford Regional Qualifier | Watford | ER180443 | 3 |
| 100 Backstroke | 1:13.93 | 1:15.00 | 279 | 15/07/17 | Watford Club Championships 2017 | Hemel Hempstead | ER171169 | 4 |
| 200 Backstroke | 2:38.25 | 2:40.30 | 297 | 03/03/18 | Watford Regional Qualifier | Watford | ER180443 | 3 |
| 200 Individual Medley | 2:34.89 | 2:37.40 | 354 | 17/06/17 | The Terry Davies Alternative Nationals | Watford | ER170876 | 3 |
| 400 Individual Medley | 6:11.12 | 6:15.80 | 253 | 01/10/14 | Watford SC Club Championships Distance 2014 | Watford | ER14196 | 4 |
| 100 Individual Medley | 1:08.86 | 1:08.90 | 366 | 24/06/18 | The Terry Davies Alternative Nationals | Woodside LC | ER180890 | 3 |