

# Individual Best Times (All Time)

Joseph Banasiak - (846475) - Borough of Wandsworth SA

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.75	29.00	347	23/04/16	WDSC Long Course Sprint Meet	Wycombe	SE160110	3
100 Freestyle	1:03.47	1:02.10	402	16/07/16	Wycombe District End of Season Open Meet 2016	Wycombe	SE160109	3
200 Freestyle	2:24.20	2:21.80	353	16/07/16	Wycombe District End of Season Open Meet 2016	Wycombe	SE160109	3
50 Butterfly	28.92	28.30	456	17/02/18	Surrey Age Group Championships 2018	Surrey	LR180304	1
100 Butterfly	1:15.76	1:14.70	278	23/04/16	WDSC Long Course Sprint Meet	Wycombe	SE160110	3
200 Butterfly	2:37.36	2:35.30	344	11/02/17	Surrey Age Group Championships	Guildford	LR170177	1
50 Backstroke	31.21	30.60	429	17/02/18	Surrey Age Group Championships 2018	Surrey	LR180304	1
100 Backstroke	1:08.87	1:07.70	420	29/04/17	2017 London Swimming Regional Youth Championships	Stratford	LR170800	1
200 Backstroke	2:30.02	2:27.80	415	12/02/17	Surrey Age Group Championships	Guildford	LR170177	1
200 Individual Medley	2:30.17	2:27.50	437	12/02/17	Surrey Age Group Championships	Guildford	LR170177	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.00	27.80	416	02/12/17	Ealing Christmas L3 Open	London	LR170531	3
100 Freestyle	58.88	1:00.30	441	02/12/17	Ealing Christmas L3 Open	London	LR170531	3
200 Freestyle	2:15.23	2:17.80	396	14/01/17	Kingston Royals New Year Meet	Walton on the Thames	LR170252	3
400 Freestyle	5:20.80	5:25.20	289	24/10/15	Wandsworth SC Club Championships 2015	Epsom	LR151828	4
50 Butterfly	29.33	30.00	407	30/09/17	The Royals Autumn Open Meet	Walton on Thames	LR171469	3
100 Butterfly	1:06.65	1:07.80	368	11/11/17	NASL - London Rounds 2017 - Division 1 & 2	Luton	ER172127	3
200 Butterfly	2:35.31	2:37.30	325	15/01/17	Kingston Royals New Year Meet	Walton on the Thames	LR170252	3
50 Backstroke	31.74	32.40	338	30/09/17	The Royals Autumn Open Meet	Walton on Thames	LR171469	3
100 Backstroke	1:06.89	1:08.10	377	02/12/17	Ealing Christmas L3 Open	London	LR170531	3
200 Backstroke	2:26.14	2:28.40	377	03/12/17	Ealing Christmas L3 Open	London	LR170531	3
200 Individual Medley	2:27.85	2:30.50	407	14/10/17	NASL - London Rounds 2017 - Division 1 & 2	Hertfordshire	ER172119	3
100 Individual Medley	1:11.38	1:11.40	329	01/10/17	The Royals Autumn Open Meet	Walton on Thames	LR171469	3