

Individual Best Times (All Time)

Jack Banasiak - (846474) - Leander SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.09	27.30	412	17/02/18	Surrey Age Group Championships 2018	Surrey	LR180304	1
100 Freestyle	1:01.68	1:00.30	438	13/01/18	Surrey Age Group Championships 2018	Surrey	LR180302	1
200 Freestyle	2:17.25	2:14.70	410	10/02/18	Surrey Age Group Championships 2018	Surrey	LR180303	1
400 Freestyle	4:53.58	4:48.80	421	13/01/18	Surrey Age Group Championships 2018	Surrey	LR180302	1
50 Butterfly	29.69	29.00	422	17/02/18	Surrey Age Group Championships 2018	Surrey	LR180304	1
100 Butterfly	1:05.48	1:04.30	430	25/02/18	Surrey Age Group Championships 2018	Surrey	LR180305	1
200 Butterfly	2:28.25	2:26.10	412	07/05/18	2018 London Swimming Regional Summer Champs	Stratford	LR180781	1
50 Backstroke	34.12	33.50	328	17/02/18	Surrey Age Group Championships 2018	Surrey	LR180304	1
100 Backstroke	1:19.82	1:18.80	270	06/02/16	Surrey County ASA Age Group Championships 2016	Guildford	LR160382	1
200 Individual Medley	2:39.04	2:36.50	368	27/05/17	2017 London Swimming May Open Meet	London	LR170886	1
400 Individual Medley	5:40.96	5:35.80	359	11/02/17	Surrey Age Group Championships	Guildford	LR170177	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.44	27.20	443	04/11/18	2018 London Swimming Regional Winter Champs	London	LR182146	2
100 Freestyle	59.03	1:00.40	438	13/10/18	The NASL - London - Rounds 2018 - Premier Division	Dagenham	ER182086	2
200 Freestyle	2:11.90	2:14.50	427	03/12/17	Ealing Christmas L3 Open	London	LR170531	3
400 Freestyle	4:43.78	4:48.70	418	03/12/17	Ealing Christmas L3 Open	London	LR170531	3
50 Butterfly	29.21	29.90	412	04/11/18	2018 London Swimming Regional Winter Champs	London	LR182146	2
100 Butterfly	1:03.14	1:04.30	433	13/10/18	The NASL - London - Rounds 2018 - Premier Division	Dagenham	ER182086	2
200 Butterfly	2:27.32	2:29.40	381	24/03/18	Black Swan Regional Qualifier Meet 2018	Elmbridge	SE180463	3
50 Backstroke	34.70	35.30	258	18/03/17	Bromley Spring Dual Meet	Beckenham	LR170745	3
100 Backstroke	1:13.52	1:14.60	284	23/09/17	Kingston Royals & Leander Invitational Gala 2017	Croydon	LR172074	4
200 Backstroke	2:39.25	2:41.30	291	18/03/17	Bromley Spring Dual Meet	Beckenham	LR170745	3
200 Individual Medley	2:36.59	2:39.10	343	03/12/17	Ealing Christmas L3 Open	London	LR170531	3
400 Individual Medley	5:42.88	5:48.00	321	26/11/16	Leander Club Championships	London	LR162416	4
100 Individual Medley	1:12.78	1:12.80	310	01/10/17	The Royals Autumn Open Meet	Walton on Thames	LR171469	3