

# Individual Best Times (All Time)

Erin Dixon - (846167) - Ripley SC (rascals)

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.28	29.60	474	20/01/18	Nottinghamshire ASA County Championships 2018	Nottingham	EM180321	1
100 Freestyle	1:05.14	1:03.80	500	21/01/18	Nottinghamshire ASA County Championships 2018	Nottingham	EM180321	1
200 Freestyle	2:20.49	2:18.00	518	04/02/18	Nottinghamshire ASA County Championships 2018	Nottingham	EM180322	1
400 Freestyle	4:57.19	4:52.40	496	14/05/17	Nova Centurion May Level 1 LC Open Meet	Nottingham	EM170343	1
800 Freestyle	10:09.75	10:00.20	502	17/02/18	Nottinghamshire ASA County Championships 2018	Nottingham	EM180323	1
50 Breaststroke	43.13	42.40	309	05/03/17	Nova Centurion March Sprint Meet 2017	Nottingham	EM170410	3
100 Breaststroke	1:32.83	1:31.50	329	08/07/17	Northampton 2017 Long Course Summer Festival	Corby	EM170339	3
50 Butterfly	34.75	34.20	347	20/01/19	Nottinghamshire ASA County Championships 2019	Harvey Hadden	EM190203	1
100 Butterfly	1:17.55	1:16.60	366	09/07/17	Northampton 2017 Long Course Summer Festival	Corby	EM170339	3
50 Backstroke	35.95	35.40	417	20/01/19	Nottinghamshire ASA County Championships 2019	Harvey Hadden	EM190203	1
100 Backstroke	1:14.89	1:13.80	448	07/05/22	SE East Midland Regional Long Course Championships	Sheffield	EM220576	1
200 Backstroke	2:37.28	2:35.10	479	03/02/18	Nottinghamshire ASA County Championships 2018	Nottingham	EM180322	1
200 Individual Medley	2:42.07	2:39.60	471	14/05/17	Nova Centurion May Level 1 LC Open Meet	Nottingham	EM170343	1
400 Individual Medley	5:40.93	5:35.70	474	20/01/18	Nottinghamshire ASA County Championships 2018	Nottingham	EM180321	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.46	30.20	471	05/12/21	Chesterfield SC Winter Open Championships 2021	Matlock	EM211450	3
100 Freestyle	1:03.14	1:04.50	504	19/03/22	City of Derby 38th Licensed Open Meet	Matlock	EM220233	3
200 Freestyle	2:16.73	2:19.20	525	16/07/17	Nottinghamshire ASA Summer Gala 2017	Nottingham	EM170707	3
400 Freestyle	4:52.78	4:57.50	493	15/07/17	Nottinghamshire ASA Summer Gala 2017	Nottingham	EM170707	3
800 Freestyle	9:47.31	9:57.10	537	17/12/17	Nova Centurion Distance Meet	Nottingham	EM171924	3
50 Breaststroke	40.40	41.20	346	03/07/22	Nottingham Leander SC The Tony Holmes Sprint Meet	Harvey Hadden	EM220686	3
100 Breaststroke	1:27.48	1:28.90	362	09/07/22	Rascals 3rd Frank Mansey Memorial Open Meet	Alfreton	EM220748	3
200 Breaststroke	3:17.35	3:20.00	317	17/11/18	Nottingham Leander Club Championships	Hucknall	EM181614	4
50 Butterfly	32.69	33.30	414	03/04/22	Chesterfield SC Spring Regional Qualifier	Matlock	EM220269	3
100 Butterfly	1:14.99	1:16.00	374	16/07/17	Nottinghamshire ASA Summer Gala 2017	Nottingham	EM170707	3
200 Butterfly	2:51.38	2:53.20	339	01/10/17	Roebuck Level 3 Open meet	Walsall	WM171203	3
50 Backstroke	33.03	33.60	446	19/03/22	City of Derby 38th Licensed Open Meet	Matlock	EM220233	3
100 Backstroke	1:11.71	1:12.80	448	03/04/22	Chesterfield SC Spring Regional Qualifier	Matlock	EM220269	3
200 Backstroke	2:36.23	2:38.40	441	16/07/17	Nottinghamshire ASA Summer Gala 2017	Nottingham	EM170707	3
200 Individual Medley	2:40.29	2:42.70	439	18/11/17	Mansfield Major Oak Open Meet	Mansfield	EM171946	3
400 Individual Medley	5:33.41	5:38.60	468	17/12/17	Nova Centurion Distance Meet	Nottingham	EM171924	3
100 Individual Medley	1:12.47	1:12.50	474	03/07/22	Nottingham Leander SC The Tony Holmes Sprint Meet	Harvey Hadden	EM220686	3