## Individual Best Times (All Time)

## Leah Green - (845340) - Barrow ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.24	28.50	526	13/05/17	Manchester Open Meet 2017	Manchester	NW170107	1
100 Freestyle	1:02.44	1:01.10	567	13/05/17	Manchester Open Meet 2017	Manchester	NW170107	1
200 Individual Medley	2:45.95	2:43.60	438	13/05/17	Manchester Open Meet 2017	Manchester	NW170107	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.54	29.30	518	19/06/16	Barrow Club Champs	Barrow-in- Furness	NW161315	4
100 Freestyle	1:00.99	1:02.30	559	14/01/17	Cumbria Age Group & County Championships	Workington	NW170238	4
200 Freestyle	2:12.53	2:15.10	576	26/06/16	Central Lancashire SWPA Inter Association	Wigan	NW161063	3
400 Freestyle	4:46.54	4:51.40	525	19/06/16	Barrow Club Champs	Barrow-in- Furness	NW161315	4
50 Breaststroke	38.74	39.50	392	29/01/17	Cumbria Age Groups & County Championships	Workington	NW170239	2
100 Breaststroke	1:22.80	1:24.30	427	19/03/17	Barrow Club Championships 2017	Barrow-in- Furness	NW170825	4
200 Breaststroke	3:01.29	3:04.20	408	01/05/16	Blackpool Rocks 2016	Blackpool	NW160510	3
50 Butterfly	30.83	31.40	494	06/11/16	ASA North West Region Winter Championships	Manchester	NW160340	2
100 Butterfly	1:09.86	1:10.90	463	18/09/16	Barrow Club Champs	Barrow-in- Furness	NW161317	4
200 Butterfly	2:37.36	2:39.40	439	02/04/17	Barrow ASC Club Championships 2017	Barrow-in- Furness	NW170826	4
50 Backstroke	33.90	34.50	413	03/07/16	Barrow Club Champs	Barrow-in- Furness	NW161316	4
100 Backstroke	1:12.62	1:13.70	431	19/06/16	Barrow Club Champs	Barrow-in- Furness	NW161315	4
200 Backstroke	2:34.55	2:36.70	455	19/03/17	Barrow Club Championships 2017	Barrow-in- Furness	NW170825	4
200 Individual Medley	2:34.75	2:37.30	488	18/09/16	Barrow Club Champs	Barrow-in- Furness	NW161317	4
400 Individual Medley	5:40.48	5:45.60	439	15/05/16	Barrow Club Championships 2016	Barrow-in- Furness	NW160619	4
100 Individual Medley	1:10.83	1:10.80	507	06/11/16	ASA North West Region Winter Championships	Manchester	NW160340	2