

Individual Best Times (All Time)

Poppy Pope - (845248) - Windsor SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.11	28.40	533	11/01/20	BSBASA County Championships	Wycombe	SE200053	1
100 Freestyle	1:03.12	1:01.80	549	13/01/19	Berkshire & S Buckinghamshire County Champs 2019	Wycombe	SE190015	1
200 Freestyle	2:40.58	2:38.40	347	25/10/14	Rushmoor Royals 11th Autumn Meet	Aldershot	SE4908	1
50 Breaststroke	34.91	34.00	582	13/04/19	Newham & East London L1 National Qualifying Meet	London	LR190189	1
100 Breaststroke	1:17.34	1:15.70	570	26/01/20	BSBASA County Championships	Wycombe	SE200054	1
200 Breaststroke	2:48.69	2:45.50	542	28/05/16	ASA South East Region Swimming Championships	Crawley	SE160992	1
50 Butterfly	31.78	31.20	454	26/01/19	Berkshire & S Buckinghamshire County Champs 2019	Wycombe	SE190016	1
100 Butterfly	1:10.56	1:09.50	486	11/01/20	BSBASA County Championships	Wycombe	SE200053	1
50 Backstroke	36.39	35.80	402	03/04/16	Guildford City Springboard Level 1 Open Meet	Guildford	SE160058	1
100 Backstroke	1:14.01	1:12.90	464	27/01/18	Berks & Sth Bucks County Championships	Wycombe	SE180130	1
200 Backstroke	3:25.35	3:23.70	215	13/04/13	The Bracknell Spring Level 3 Open Meet	Aldershot	SE3131	3
200 Individual Medley	2:33.92	2:31.30	550	26/01/20	BSBASA County Championships	Wycombe	SE200054	1
400 Individual Medley	5:29.93	5:24.60	523	13/01/19	Berkshire & S Buckinghamshire County Champs 2019	Wycombe	SE190015	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.16	29.90	486	27/06/19	Windsor 2019 Club Championships	Maidenhead	SE191369	4
100 Freestyle	1:03.42	1:04.70	497	29/09/19	City of Southampton 19th James Moreno Open Meet	Southampton	SE191582	2
200 Freestyle	2:23.63	2:26.00	453	19/09/19	Windsor 2019 Club Championships	Windsor	SE191371	4
400 Freestyle	4:58.49	5:03.20	465	24/09/17	Windsor L4 Club Championships 2017	Windsor	SE171525	4
800 Freestyle	10:22.07	10:31.30	452	23/06/19	Windsor 2019 Club Championships	Windsor	SE191368	4
1500 Freestyle	19:23.32	19:40.90	475	15/09/19	Windsor 2019 Club Championships	Maidenhead	SE191370	4
50 Breaststroke	34.53	35.40	554	16/11/19	Guildford City Winter Open Meet	Surrey Sports Park	SE191744	2
100 Breaststroke	1:14.99	1:16.60	575	06/10/19	Rushmoor Royals Autumn County Chaser 2019	Aldershot	SE192402	3
200 Breaststroke	2:43.98	2:47.20	552	06/10/19	Rushmoor Royals Autumn County Chaser 2019	Aldershot	SE192402	3
50 Butterfly	32.29	32.90	430	27/06/19	Windsor 2019 Club Championships	Maidenhead	SE191369	4
100 Butterfly	1:12.16	1:13.20	420	19/09/19	Windsor 2019 Club Championships	Windsor	SE191371	4
200 Butterfly	2:37.49	2:39.50	438	26/09/19	Windsor 2019 Club Championships	Windsor	SE191373	4
50 Backstroke	34.48	35.10	392	06/02/16	Berkshire & Sth Bucks 2016 County Championships	Maidenhead	SE160042	2
100 Backstroke	1:11.11	1:12.20	459	14/01/17	Berks & Sth Bucks ASA 2017 County Championships	Wycombe	SE170068	2
200 Backstroke	2:35.75	2:37.90	445	19/06/16	Windsor Club Championships	Windsor	SE161462	4
200 Individual Medley	2:28.85	2:31.50	548	12/10/19	NASL South League Round One	Oxford Leys	SE192932	3
400 Individual Medley	5:20.67	5:26.10	526	21/09/17	Windsor L4 Club Championships 2017	Windsor	SE171524	4
100 Individual Medley	1:11.78	1:11.80	487	06/11/16	ASA South East Region Winter Championships 2016	Portsmouth	SE162237	2