

# Individual Best Times (All Time)

Eliot Desforges - (845224) - Plymouth Leander SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.73	24.90	536	04/05/19	Swim England 15 Over Swimming Championships 2019	Wycombe	SE191364	1
100 Freestyle	53.54	52.00	670	25/07/19	British Summer Championships	Glasgow	BSW011	1
200 Freestyle	2:00.27	1:57.40	609	04/05/19	Swim England 15 Over Swimming Championships 2019	Wycombe	SE191364	1
400 Freestyle	5:17.16	5:12.70	334	24/05/15	ASASER Swimming Championships	Portsmouth	SE150985	1
50 Breaststroke	35.78	34.90	381	28/01/18	Berks & Sth Bucks County Championships	Wycombe	SE180130	1
100 Breaststroke	1:15.50	1:13.80	427	14/01/18	Berks & Sth Bucks County Championships	Wycombe	SE180129	1
200 Breaststroke	4:06.87	4:04.70	131	13/04/13	The Bracknell Spring Level 3 Open Meet	Aldershot	SE3131	3
50 Butterfly	25.67	24.90	652	28/07/19	British Summer Championships	Glasgow	BSW011	1
100 Butterfly	56.80	55.50	659	01/08/19	Swim England National Summer Meet	Sheffield	ENG014	1
50 Backstroke	34.09	33.50	329	14/05/16	ASA South East Region Swimming Championships	Crawley	SE160991	1
100 Backstroke	1:10.18	1:09.00	397	11/03/17	Wycombe Long Course Premier Open Meet	Wycombe	SE170384	1
200 Backstroke	2:53.00	2:51.10	270	16/11/14	Aquae Sulis Grand Prix	Bristol	SW4483	1
200 Individual Medley	2:29.26	2:26.60	445	27/05/17	ASA South East Region Championships 2017	Crawley	SE170867	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.82	25.60	535	19/10/19	Exeter City Lindsay Powell Memorial Meet 2019	Plymouth Life Centre	SW191981	2
100 Freestyle	53.12	54.70	601	20/10/19	Exeter City Lindsay Powell Memorial Meet 2019	Plymouth Life Centre	SW191981	2
200 Freestyle	1:57.39	2:00.30	606	06/07/19	Bracknell & Wokingham Club Championships 2019	Bracknell	SE191518	4
400 Freestyle	4:23.62	4:28.90	521	14/07/18	Bracknell & Wokingham Club Championships 2018	Bracknell	SE180770	4
1500 Freestyle	19:20.10	19:37.80	389	09/06/16	Windsor Club Championships	Windsor	SE161461	4
50 Breaststroke	31.52	32.50	495	20/10/19	Exeter City Lindsay Powell Memorial Meet 2019	Plymouth Life Centre	SW191981	2
100 Breaststroke	1:09.19	1:11.00	510	06/07/19	Bracknell & Wokingham Club Championships 2019	Bracknell	SE191518	4
200 Breaststroke	2:58.69	3:01.60	304	19/06/16	Windsor Club Championships	Windsor	SE161462	4
50 Butterfly	25.43	26.20	625	08/12/19	Swim England National Winter Championships (25m)	Sheffield	ENG017	2
100 Butterfly	56.23	57.60	613	05/12/19	Swim England National Winter Championships (25m)	Sheffield	ENG017	2
200 Butterfly	2:48.27	2:50.10	256	26/06/16	Windsor Club Championships	Windsor	SE161463	4
50 Backstroke	31.90	32.50	332	28/01/17	Berks & Sth Bucks ASA 2017 County Championships	Maidenhead	SE170069	2
100 Backstroke	1:04.54	1:05.80	419	06/07/19	Bracknell & Wokingham Club Championships 2019	Bracknell	SE191518	4
200 Backstroke	2:25.88	2:28.10	379	17/06/17	Bracknell & Wokingham 2017 Club Championships	Bracknell	SE171243	4
200 Individual Medley	2:19.07	2:21.90	489	19/10/19	Exeter City Lindsay Powell Memorial Meet 2019	Plymouth Life Centre	SW191981	2
400 Individual Medley	6:04.50	6:09.30	267	23/10/14	Windsor Club Championships	Windsor	SE14397	4
100 Individual Medley	59.78	59.80	560	07/12/19	Swim England National Winter Championships (25m)	Sheffield	ENG017	2