

# Individual Best Times (All Time)

Gemma Lane - (845066) - Hart Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	38.26	37.70	234	30/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
200 Freestyle	3:08.13	3:06.30	215	29/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
400 Freestyle	6:43.69	6:40.20	198	30/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
50 Breaststroke	52.50	51.90	171	29/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
200 Breaststroke	4:13.44	4:11.30	159	30/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
50 Butterfly	43.22	42.80	180	29/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
50 Backstroke	44.09	43.60	226	30/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
200 Backstroke	3:15.72	3:14.00	249	29/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
200 Individual Medley	3:29.03	3:27.10	219	30/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.77	38.30	223	29/09/13	Hart SC Club Championships	Hart	SE3842	4
100 Freestyle	1:35.15	1:36.00	147	12/07/12	Hart Top Talent	Fleet	SE2656	4
200 Freestyle	2:59.39	3:01.30	232	09/03/13	Hampshire County Championships	Southampton	CC3085	2
400 Freestyle	6:54.29	6:57.70	174	10/11/12	Hart SC Club Championships	Fleet	SE2800	4
50 Breaststroke	52.22	52.80	160	18/05/13	Hart SC Development Meet	Fleet	SE3477	4
100 Breaststroke	1:59.21	2:00.30	143	12/07/12	Hart Top Talent	Fleet	SE2656	4
200 Breaststroke	3:52.51	3:54.80	193	09/03/13	Hampshire County Championships	Southampton	CC3085	2
50 Butterfly	40.83	41.30	212	29/09/13	Hart SC Club Championships	Hart	SE3842	4
50 Backstroke	42.06	42.50	216	06/07/13	Haslemere Summer Open Meet	Haslemere	SE3190	3
100 Backstroke	1:30.58	1:31.50	222	14/07/13	Hart Top Talent Meet	Hart	SE3663	4
200 Backstroke	3:16.48	3:18.20	221	28/09/13	Hart SC Club Championships	Hart	SE3842	4
200 Individual Medley	3:16.10	3:18.10	239	14/07/13	Hart Top Talent Meet	Hart	SE3663	4
100 Individual Medley	1:33.05	1:33.10	223	18/05/13	Hart SC Development Meet	Fleet	SE3477	4