

Individual Best Times (All Time)

Melissa Braddock - (845042) - Wigan Best SC

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------------|---------|-----------------|-----------|----------|--|------------|----------|-------|
| 50 Freestyle | 29.57 | 28.90 | 509 | 10/05/14 | City of Manchester Aquatics Open Meet | Manchester | NW4425 | 1 |
| 100 Freestyle | 1:01.41 | 1:00.00 | 597 | 30/01/16 | Lancashire County WPSA Age Group & Championships | Manchester | NW160230 | 1 |
| 200 Freestyle | 2:12.66 | 2:10.00 | 615 | 03/05/15 | Manchester Open Meet 2015 | Manchester | NW150088 | 1 |
| 400 Freestyle | 4:34.12 | 4:29.00 | 633 | 29/04/18 | 2018 SENW Summer Championships | Manchester | NW180832 | 1 |
| 800 Freestyle | 9:20.46 | 9:10.10 | 647 | 18/03/16 | City of Sunderland National Qualifier | Sunderland | NE160441 | 1 |
| 50 Breaststroke | 42.19 | 41.40 | 330 | 12/05/12 | City of Manchester Aquatics Swim Team Open | Manchester | NW2307 | 1 |
| 100 Breaststroke | 1:26.40 | 1:24.90 | 408 | 09/06/12 | North West Region Age Group Championships | Manchester | NWR211 | 1 |
| 200 Breaststroke | 3:07.28 | 3:04.40 | 396 | 02/06/13 | BG North West Region 2013 Age Group Champs | Manchester | NWR306 | 1 |
| 50 Butterfly | 34.59 | 34.00 | 352 | 10/03/13 | Lancashire Age Group County Championships | Manchester | CC3061 | 1 |
| 100 Butterfly | 1:12.47 | 1:11.40 | 448 | 10/05/14 | City of Manchester Aquatics Open Meet | Manchester | NW4425 | 1 |
| 200 Individual Medley | 2:30.26 | 2:27.60 | 591 | 29/04/18 | 2018 SENW Summer Championships | Manchester | NW180832 | 1 |
| 400 Individual Medley | 5:17.92 | 5:12.30 | 584 | 19/05/18 | 2018 SENW Summer Championships | Liverpool | NW180833 | 1 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|---------|-----------------|-----------|----------|--|------------|----------|-------|
| 50 Freestyle | 28.92 | 29.60 | 498 | 16/11/13 | Wigan BEST Future Stars Meet | Wigan | NW3720 | 1 |
| 100 Freestyle | 1:00.47 | 1:01.80 | 573 | 06/11/16 | ASA North West Region Winter Championships | Manchester | NW160340 | 2 |
| 200 Freestyle | 2:08.18 | 2:10.90 | 637 | 05/11/16 | ASA North West Region Winter Championships | Manchester | NW160340 | 2 |
| 400 Freestyle | 4:24.33 | 4:29.60 | 670 | 22/11/16 | Stockport Metro November Open Meet | Stockport | NW160710 | 2 |
| 800 Freestyle | 8:58.61 | 9:09.20 | 696 | 05/11/16 | ASA North West Region Winter Championships | Manchester | NW160340 | 2 |
| 50 Breaststroke | 38.61 | 39.40 | 396 | 04/11/12 | Wigan Best Future Stars Open Meet | Wigan | NW2510 | 2 |
| 100 Breaststroke | 1:20.69 | 1:22.20 | 461 | 03/11/12 | Wigan Best Future Stars Open Meet | Wigan | NW2510 | 2 |
| 200 Breaststroke | 2:51.98 | 2:55.00 | 479 | 06/10/12 | Central Lancs SA Warburton Age Groups | Salford | NW2310 | 3 |
| 50 Butterfly | 32.80 | 33.40 | 410 | 16/11/13 | Wigan BEST Future Stars Meet | Wigan | NW3720 | 1 |
| 100 Butterfly | 1:11.48 | 1:12.50 | 432 | 17/11/13 | Wigan BEST Future Stars Meet | Wigan | NW3720 | 1 |
| 50 Backstroke | 36.05 | 36.60 | 343 | 28/10/12 | Wigan SC Club Championships | Wigan | NW2793 | 4 |
| 200 Individual Medley | 2:29.03 | 2:31.70 | 546 | 26/11/16 | Wigan BEST Future Stars Open Meet | Wigan | NW161516 | 2 |
| 400 Individual Medley | 5:09.87 | 5:15.50 | 583 | 18/11/17 | Wigan BEST Future Stars Open Meet | Wigan | NW171049 | 2 |
| 100 Individual Medley | 1:14.92 | 1:14.90 | 429 | 28/10/12 | Wigan SC Club Championships | Wigan | NW2793 | 4 |