

Individual Best Times (All Time)

Freddy Clampett - (844964) - Swansea University SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	23.95	23.10	665	25/07/21	South West British Summer Festival	Plymouth	SW210158	1
100 Freestyle	51.73	50.10	743	07/04/22	British Championships 2022	Sheffield	BSW020	1
200 Freestyle	1:54.37	1:51.30	709	26/07/19	British Summer Championships	Glasgow	BSW011	1
400 Freestyle	4:18.13	4:12.60	619	02/03/13	Hampshire County Championships	Portsmouth	CC3084	1
1500 Freestyle	17:18.60	16:58.60	589	02/03/14	Hampshire County Championships	Portsmouth	CC4114	1
50 Breaststroke	34.65	33.70	420	07/04/12	Portsmouth Northsea Easter Festival	Portsmouth	SE2161	1
100 Breaststroke	1:10.34	1:08.50	528	29/05/16	Plymouth Leander Level 1 National Qualifier 2016	Plymouth	SW160104	1
200 Breaststroke	2:35.11	2:31.70	529	17/11/12	The Aquae Sulis Grand Prix 2012	Bristol	SW2525	1
50 Butterfly	25.38	24.60	675	25/02/22	McCullagh International Meet	Bangor	GBR1621	1
100 Butterfly	55.19	53.80	719	25/07/21	South West British Summer Festival	Plymouth	SW210158	1
200 Butterfly	2:02.60	2:00.00	729	19/12/21	Swim Wales Winters 2021	Swansea	WAL618	1
50 Backstroke	33.67	33.10	342	15/05/11	Swim Swansea Long Course Open Meet	Swansea	WAL360	1
100 Backstroke	1:00.99	59.70	605	23/05/15	Plymouth Level 1 Long Course Open Meet	Plymouth	SW150205	1
200 Backstroke	2:19.17	2:16.80	520	29/03/13	Portsmouth Northsea Easter Festival 2013	Portsmouth	SE3342	1
200 Individual Medley	2:07.35	2:04.20	717	08/03/20	Arena National League 51st Cup Final	Cardiff	WL200030	1
400 Individual Medley	4:33.55	4:27.10	696	26/05/18	Plymouth Leander Level 1 National Qualifier	Plymouth	SW180556	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	22.90	23.80	682	27/06/21	Plymouth Leander Summer L4 Open	Plymouth	SW210156	4
100 Freestyle	49.98	51.60	722	06/12/19	Swim England National Winter Championships (25m)	Sheffield	ENG017	2
200 Freestyle	1:49.13	1:52.30	754	08/12/19	Swim England National Winter Championships (25m)	Sheffield	ENG017	2
400 Freestyle	3:59.32	4:05.10	697	19/10/19	Exeter City Lindsay Powell Memorial Meet 2019	Plymouth Life Centre	SW191981	2
800 Freestyle	11:41.38	11:49.60	252	26/10/10	City of Southampton Champ	Southampton	SE0432	4
1500 Freestyle	16:33.75	16:54.30	618	29/10/13	City of Southampton Club Championships	Southampton	SE3364	4
50 Breaststroke	31.56	32.50	494	29/09/19	City of Southampton 19th James Moreno Open Meet	Southampton	SE191582	2
100 Breaststroke	1:07.14	1:09.00	558	29/09/19	City of Southampton 19th James Moreno Open Meet	Southampton	SE191582	2
200 Breaststroke	2:31.52	2:35.00	498	31/10/12	City of Southampton Club Championships	Southampton	SE2388	4
50 Butterfly	24.18	24.90	727	08/12/19	Swim England National Winter Championships (25m)	Sheffield	ENG017	2
100 Butterfly	52.52	53.90	752	29/11/19	Swim Wales Short Course Championships	WNPS	WL190048	2
200 Butterfly	1:57.68	2:00.30	748	07/12/19	Swim England National Winter Championships (25m)	Sheffield	ENG017	2
50 Backstroke	31.88	32.50	333	16/10/11	James Moreno Open Meet	Southampton	SE1213	2
100 Backstroke	56.51	57.90	625	08/12/18	NSL Western Premier Division Final	Newport	WL182780	3
200 Backstroke	2:15.61	2:18.00	472	09/03/13	Hampshire County Championships	Southampton	CC3085	2
200 Individual Medley	2:01.08	2:04.30	742	27/06/21	Plymouth Leander Summer L4 Open	Plymouth	SW210156	4
400 Individual Medley	4:30.08	4:36.50	657	06/12/14	ASA South West Region Short Course Champs	Millfield	SWR427	2
100 Individual Medley	58.37	58.40	601	08/11/15	ASA South West Short Course Championships	Millfield	SW151638	2