

# Individual Best Times (All Time)

Jessica Craddock - (844559) - Witham Dolphins SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.82	32.20	372	23/11/13	Essex Winter Long Course Competition	Basildon	ER3696	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.86	32.50	372	08/06/13	Witham Dolphins SC Club Summer Championships	Witham	ER3512	4
100 Freestyle	1:12.76	1:13.90	329	15/11/14	Witham Dolphins Club Championships	Witham	ER14305	3
200 Freestyle	2:40.03	2:42.20	327	25/10/13	Witham Dolphins Winter Club Championships	Witham	ER3885	4
400 Freestyle	5:52.66	5:56.60	282	08/12/12	Witham Dolphin SC Winter Club Championship	Witham	ER2808	4
800 Freestyle	12:01.83	12:09.80	289	15/06/14	Witham Dolphins Club Championships	Witham	ER4659	4
50 Breaststroke	42.85	43.60	290	19/10/14	Witham Dolphins SC Closed Meet	Braintree	ER14308	3
100 Breaststroke	1:37.05	1:38.30	265	15/11/14	Witham Dolphins Club Championships	Witham	ER14305	3
200 Breaststroke	3:26.29	3:28.80	277	26/10/13	Witham Dolphins Winter Club Championships	Witham	ER3885	4
50 Butterfly	39.15	39.60	241	19/10/14	Witham Dolphins SC Closed Meet	Braintree	ER14308	3
100 Butterfly	1:30.93	1:31.80	210	20/10/13	Witham Dolphins Winter Club Championships	Witham	ER3885	4
50 Backstroke	40.46	41.00	243	08/06/13	Witham Dolphins SC Club Summer Championships	Witham	ER3512	4
100 Backstroke	1:29.82	1:30.70	228	15/11/14	Witham Dolphins Club Championships	Witham	ER14305	3
200 Individual Medley	3:01.24	3:03.40	303	23/10/13	Witham Dolphins Winter Club Championships	Witham	ER3885	4
400 Individual Medley	6:36.28	6:40.70	278	09/12/12	Witham Dolphin SC Winter Club Championship	Witham	ER2808	4
100 Individual Medley	1:21.73	1:21.70	330	09/06/13	Witham Dolphins SC Club Summer Championships	Witham	ER3512	4