

# Individual Best Times (All Time)

Sam Bailey - (844019) - Copeland ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.90	33.30	234	04/07/15	City of Sunderland Summer Splash 2015	Sunderland	NE151248	3
100 Freestyle	1:13.44	1:12.30	259	16/01/16	City of Sunderland New Year Meet	Sunderland	NE160356	1
200 Freestyle	2:40.35	2:38.20	257	17/01/16	City of Sunderland New Year Meet	Sunderland	NE160356	1
50 Breaststroke	43.81	43.10	207	04/07/15	City of Sunderland Summer Splash 2015	Sunderland	NE151248	3
100 Breaststroke	1:32.43	1:31.10	233	04/07/15	City of Sunderland Summer Splash 2015	Sunderland	NE151248	3
200 Breaststroke	3:20.26	3:17.60	246	16/01/16	City of Sunderland New Year Meet	Sunderland	NE160356	1
50 Butterfly	37.64	37.10	207	16/01/16	City of Sunderland New Year Meet	Sunderland	NE160356	1
50 Backstroke	48.40	48.00	115	18/01/15	City of Sunderland New Year Meet	Sunderland	NE150366	1
200 Individual Medley	3:00.37	2:58.20	252	05/07/15	City of Sunderland Summer Splash 2015	Sunderland	NE151248	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.30	32.00	267	24/09/16	Workington 7th Presidents Open Meet	Workington	NW161460	3
100 Freestyle	1:08.32	1:09.50	282	14/01/17	Cumbria Age Group & County Championships	Workington	NW170238	4
200 Freestyle	2:28.18	2:30.50	301	29/01/17	Cumbria Age Groups & County Championships	Workington	NW170239	2
400 Freestyle	5:05.31	5:09.90	335	24/09/16	Workington 7th Presidents Open Meet	Workington	NW161460	3
1500 Freestyle	20:24.32	20:41.10	330	23/09/16	Workington 7th Presidents Open Meet	Workington	NW161460	3
50 Breaststroke	42.22	43.00	206	02/07/16	Kendal Mint Open Gala	Kendal	NW161080	3
100 Breaststroke	1:31.58	1:32.90	219	27/02/16	Cumbria Age Groups & County Championships	Kendal	NW160082	2
200 Breaststroke	3:09.30	3:12.10	255	06/02/16	2016 Cumbria Age Groups & County Championships	Whitehaven	NW160081	2
50 Butterfly	35.26	35.80	234	14/01/17	Cumbria Age Group & County Championships	Workington	NW170238	4
100 Butterfly	1:20.80	1:21.70	206	29/01/17	Cumbria Age Groups & County Championships	Workington	NW170239	2
50 Backstroke	41.66	42.10	149	19/09/15	Garstang Medals Gala	Blackpool	NW151272	3
100 Backstroke	1:24.30	1:25.30	188	16/10/16	The Allerdale Gala 2016	Workington	NW162148	3
200 Backstroke	3:09.82	3:11.60	172	15/03/15	2015 Cumbria Age Groups & County Championships	Whitehaven	CC150100	2
200 Individual Medley	2:48.81	2:51.10	273	14/01/17	Cumbria Age Group & County Championships	Workington	NW170238	4
400 Individual Medley	6:14.47	6:19.10	246	16/10/16	The Allerdale Gala 2016	Workington	NW162148	3
100 Individual Medley	1:20.44	1:20.40	229	16/10/16	The Allerdale Gala 2016	Workington	NW162148	3