

Individual Best Times (All Time)

Alex Jones - (839855) - Fleetwood & District SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.35	35.80	190	10/03/13	Lancashire Age Group County Championships	Manchester	CC3061	1
200 Freestyle	3:15.58	3:13.80	141	12/05/12	City of Coventry May Open Meet	Coventry	WM2077	1
50 Backstroke	42.34	41.90	172	10/03/13	Lancashire Age Group County Championships	Manchester	CC3061	1
200 Backstroke	3:10.61	3:08.80	202	17/03/13	Lancashire County Championships	Liverpool	CC3062	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.88	35.50	193	01/02/14	North Lancashire Age Groups, Youth & Champs	Blackpool	NW4148	3
100 Freestyle	1:18.32	1:19.40	187	24/01/15	North Lancashire Age Groups & Youth Championships	Blackpool	NW150128	2
200 Freestyle	2:53.87	2:55.90	186	28/04/13	Satellites of Macclesfield 26th Open Meet	Macclesfield	NW3023	2
400 Freestyle	6:10.13	6:13.90	188	18/01/14	North Lancashire Age Groups 2014	Blackpool	NW4147	3
50 Breaststroke	51.57	52.20	113	25/10/14	North Lancashire Gala	Blackpool	NW4921	3
50 Butterfly	42.64	43.10	132	25/10/14	North Lancashire Gala	Blackpool	NW4921	3
50 Backstroke	41.42	41.90	152	02/02/14	North Lancashire Age Groups, Youth & Champs	Blackpool	NW4148	3
100 Backstroke	1:28.26	1:29.20	164	18/01/14	North Lancashire Age Groups 2014	Blackpool	NW4147	3
200 Backstroke	3:12.72	3:14.40	164	28/04/13	Satellites of Macclesfield 26th Open Meet	Macclesfield	NW3023	2
200 Individual Medley	3:20.31	3:22.30	163	18/01/14	North Lancashire Age Groups 2014	Blackpool	NW4147	3
100 Individual Medley	1:35.85	1:35.80	135	27/10/13	North Lancashire SWPA Level 3 Meet	Blackpool	NW3684	3