

# Individual Best Times (All Time)

Joseph Chappell - (839837) - Fleetwood & District SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.79	27.00	425	08/02/20	Lancashire County Age Groups & County Champs	Manchester	NW200181	1
100 Freestyle	1:01.21	59.80	448	27/01/18	Lancs County WPSA Age Groups & Championships	Manchester	NW180031	1
200 Freestyle	2:10.16	2:07.50	481	08/02/20	Lancashire County Age Groups & County Champs	Manchester	NW200181	1
400 Freestyle	4:36.77	4:31.70	502	28/01/18	Lancs County WPSA Age Groups & Championships	Manchester	NW180031	1
1500 Freestyle	20:50.66	20:34.00	337	09/01/16	City of Leeds New Year Meet 2016	Leeds	NE160165	3
50 Butterfly	29.10	28.40	448	27/04/19	2019 SENW Summer Championships	Manchester	NW190232	1
100 Butterfly	1:07.02	1:05.90	401	04/03/18	City of Sheffield Swim Squad	Sheffield	NE180162	3
200 Butterfly	2:29.14	2:27.00	404	29/04/18	2018 SENW Summer Championships	Manchester	NW180832	1
50 Backstroke	30.45	29.80	462	28/04/19	2019 SENW Summer Championships	Manchester	NW190232	1
100 Backstroke	1:07.35	1:06.10	449	03/02/18	Lancs County WPSA Age Groups & Championships	Manchester	NW180032	1
200 Backstroke	2:26.12	2:23.80	449	12/01/20	Lancashire County Age Groups & County Champs	Manchester	NW200180	1
200 Individual Medley	2:31.00	2:28.40	430	28/01/18	Lancs County WPSA Age Groups & Championships	Manchester	NW180031	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.21	27.00	455	18/12/22	Bolton Metro SS Christmas Countdown Meet 2022	Bolton	NW222497	3
100 Freestyle	57.10	58.50	484	17/09/22	North Lancs S&WPA Level 2 Meet	Blackpool	NW221654	2
200 Freestyle	2:06.75	2:09.50	481	19/10/19	North Lancashire Level 2 Age Groups & Champs	Blackpool	NW191771	2
400 Freestyle	4:27.93	4:33.10	497	28/09/19	North Lancashire Level 2 Age Groups & Champs	Blackpool	NW191770	2
50 Breaststroke	40.94	41.70	226	04/11/20	Fleetwood & District Amateur SC	Rossall School	LEX315	0
200 Breaststroke	4:15.24	4:17.30	104	27/10/13	North Lancashire SWPA Level 3 Meet	Blackpool	NW3684	3
50 Butterfly	28.51	29.20	444	18/12/22	Bolton Metro SS Christmas Countdown Meet 2022	Bolton	NW222497	3
100 Butterfly	1:04.01	1:05.20	415	17/09/22	North Lancs S&WPA Level 2 Meet	Blackpool	NW221654	2
200 Butterfly	2:28.61	2:30.70	371	06/05/18	Blackpool Rocks 2018	Blackpool	NW180042	3
50 Backstroke	28.98	29.70	444	18/09/22	North Lancs S&WPA Level 2 Meet	Blackpool	NW221654	2
100 Backstroke	1:03.99	1:05.20	430	18/12/22	Bolton Metro SS Christmas Countdown Meet 2022	Bolton	NW222497	3
200 Backstroke	2:18.26	2:20.60	445	04/05/19	Blackpool Rocks 2019	Blackpool	NW190260	3
200 Individual Medley	2:29.36	2:32.00	395	29/09/19	North Lancashire Level 2 Age Groups & Champs	Blackpool	NW191770	2
400 Individual Medley	5:11.66	5:17.20	427	24/02/19	PSC Distance Gala - L3 OPEN MEET	Darwen	NW190372	3
100 Individual Medley	1:08.89	1:08.90	366	25/11/18	BMSS November Sprint Meet 2018	Bolton	NW182352	3