

# Individual Best Times (All Time)

Mia Poole - (839702) - Market Harborough SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	37.73	37.20	245	02/03/14	Leicestershire County Age Groups & Champs	Corby	CC4071	1
100 Freestyle	1:23.13	1:22.10	240	01/03/14	Leicestershire County Age Groups & Champs	Corby	CC4071	1
200 Freestyle	3:11.19	3:09.40	205	19/01/14	Rotherham Metro SC A & B Grade LC Meet	Sheffield	NE4046	3
50 Breaststroke	52.02	51.40	176	01/03/14	Leicestershire County Age Groups & Champs	Corby	CC4071	1
100 Breaststroke	1:48.08	1:46.90	208	26/07/14	CO Sheffield Swim Squad End of Season Summer	Sheffield	NE4592	3
200 Breaststroke	3:49.01	3:46.70	216	27/07/14	CO Sheffield Swim Squad End of Season Summer	Sheffield	NE4592	3
50 Backstroke	47.95	47.50	175	02/03/14	Leicestershire County Age Groups & Champs	Corby	CC4071	1
100 Backstroke	1:40.98	1:40.20	182	01/03/14	Leicestershire County Age Groups & Champs	Corby	CC4071	1
200 Individual Medley	3:24.87	3:22.90	233	26/07/14	CO Sheffield Swim Squad End of Season Summer	Sheffield	NE4592	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.62	37.20	245	22/11/14	Market Harborough Club Championships	Market Harborough	EM4269	4
100 Freestyle	1:19.55	1:20.60	252	29/03/14	Nuneaton & Bedworth Spring "Qualifying" Open	Nuneaton	WM4272	2
200 Freestyle	2:58.76	3:00.70	234	08/03/14	Leicestershire County Age Groups & Champs	Braunstone	CC4072	2
50 Breaststroke	50.97	51.60	172	22/11/14	Market Harborough Club Championships	Market Harborough	EM4269	4
100 Breaststroke	1:47.28	1:48.50	196	22/10/16	Market Harborough Club Championships	Market Harborough	EM161105	4
200 Breaststroke	3:45.00	3:47.30	213	15/05/14	Market Harborough Club Championships	Market Harborough	EM4269	4
50 Butterfly	44.36	44.80	166	22/10/16	Market Harborough Club Championships	Market Harborough	EM161105	4
100 Butterfly	1:46.78	1:47.50	129	22/11/14	Market Harborough Club Championships	Market Harborough	EM4269	4
200 Butterfly	4:09.19	4:10.50	110	21/03/13	Market Harborough 200m Club Champs	Market Harborough	EM3212	4
50 Backstroke	42.22	42.70	213	22/10/16	Market Harborough Club Championships	Market Harborough	EM161105	4
100 Backstroke	1:35.74	1:36.60	188	22/11/14	Market Harborough Club Championships	Market Harborough	EM4269	4
200 Backstroke	3:50.59	3:52.00	137	18/04/13	Market Harborough 200m Club Champs	Market Harborough	EM3212	4
200 Individual Medley	3:23.19	3:25.10	215	12/04/14	2014 Leicester Age Group Meet	Leicester	EM4056	2
100 Individual Medley	1:35.08	1:35.10	209	16/03/14	Leicestershire County Championships	Braunstone	CC4073	2