

Individual Best Times (All Time)

Allister Cummins - (838750) - Killerwhales SC (Havering)

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.66	27.90	388	03/02/18	Essex Age Group Championships 2018	London	ER180155	1
100 Freestyle	1:05.67	1:04.40	363	15/04/17	UEA City of Norwich Easter LC Meet	Norwich	ER170310	1
200 Freestyle	2:34.93	2:32.70	285	12/04/15	Killerwhales Mid Qualifying Meet	Basildon	LR150206	1
400 Freestyle	4:59.29	4:54.60	397	21/01/17	Essex Age Group Championships 2017	Basildon	ER170022	1
50 Breaststroke	35.16	34.30	402	03/02/18	Essex Age Group Championships 2018	London	ER180155	1
100 Breaststroke	1:15.88	1:14.20	421	21/01/18	Essex Age Group Championships 2018	Basildon	ER180154	1
200 Breaststroke	2:45.53	2:42.30	435	14/05/17	2017 London Swimming Regional AG Champs	Stratford	LR170801	1
50 Butterfly	30.24	29.60	399	03/02/18	Essex Age Group Championships 2018	London	ER180155	1
50 Backstroke	34.19	33.60	326	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	ER190209	1
100 Backstroke	1:16.43	1:15.40	307	22/01/17	Essex Age Group Championships 2017	Basildon	ER170022	1
200 Backstroke	2:51.67	2:49.70	277	24/01/16	Essex Age Group Championships 2016	Basildon	ER160002	1
200 Individual Medley	2:32.97	2:30.40	413	19/02/17	Essex Age Group Championships 2017	Basildon	ER170025	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.14	28.90	367	12/10/19	NUEL Early County Qualifier Open Meet 2019	London Aquatic Ctr	LR191887	3
100 Freestyle	1:04.77	1:06.00	331	26/11/16	Black Lion Winter Open Meet	Gillingham	SE160753	3
200 Freestyle	2:38.25	2:40.40	247	18/01/15	Essex County Age Group Championships 2015	Basildon	CC150043	2
400 Freestyle	4:48.74	4:53.60	397	26/11/16	Black Lion Winter Open Meet	Gillingham	SE160753	3
50 Breaststroke	33.85	34.80	400	13/10/19	NUEL Early County Qualifier Open Meet 2019	London Aquatic Ctr	LR191887	3
100 Breaststroke	1:15.50	1:17.10	392	08/10/17	The Alan Mitchell Memorial County Qualifier	Thurrock	ER170331	3
200 Breaststroke	2:43.05	2:46.30	400	08/10/17	The Alan Mitchell Memorial County Qualifier	Thurrock	ER170331	3
50 Butterfly	30.21	30.80	373	16/11/19	Killerwhales Swim Club of Havering Club Champs	Romford	LR192213	4
100 Butterfly	1:11.04	1:12.10	304	16/06/18	Thurrock Summer Sprint Meet	Thurrock	ER180061	3
50 Backstroke	32.82	33.40	305	13/10/19	NUEL Early County Qualifier Open Meet 2019	London Aquatic Ctr	LR191887	3
100 Backstroke	1:12.39	1:13.50	297	07/10/17	The Alan Mitchell Memorial County Qualifier	Thurrock	ER170331	3
200 Backstroke	2:49.17	2:51.10	243	14/02/15	Essex County Age Group Championships 2015	Basildon	CC150045	2
200 Individual Medley	2:33.44	2:36.00	364	16/11/19	Killerwhales Swim Club of Havering Club Champs	Romford	LR192213	4
100 Individual Medley	1:09.76	1:09.80	352	16/06/18	Thurrock Summer Sprint Meet	Thurrock	ER180061	3