

Individual Best Times (All Time)

Caitlin Ainsworth - (837828) - Fareham Nomads SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	39.28	38.70	217	11/05/13	Wycombe District SC 7th Annual LC Sprint	Wycombe	SE3432	3
50 Breaststroke	50.96	50.30	187	11/05/13	Wycombe District SC 7th Annual LC Sprint	Wycombe	SE3432	3
100 Breaststroke	1:49.76	1:48.60	199	11/05/13	Wycombe District SC 7th Annual LC Sprint	Wycombe	SE3432	3
200 Breaststroke	3:18.83	3:16.20	331	19/07/15	Portsmouth Northsea End of Season Meet	Portsmouth	SE150139	3
50 Backstroke	37.84	37.30	357	05/04/15	Portsmouth Northsea Easter Festival L1 Meet	Portsmouth	SE150138	1
100 Backstroke	1:24.24	1:23.30	315	19/07/15	Portsmouth Northsea End of Season Meet	Portsmouth	SE150139	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.38	34.00	324	05/07/15	Guildford City Summer Festival	Guildford	SE150164	3
100 Freestyle	1:15.58	1:16.70	293	29/06/14	Fareham Nomads Summer Open Meet	Waterlooville	SE4632	3
200 Freestyle	2:40.19	2:42.30	326	06/10/14	Fareham Nomads Club Championships	Fareham	SE14316	4
400 Freestyle	6:40.72	6:44.20	192	13/10/13	Fareham Nomads Club Championships	Westhill Park	SE3858	4
50 Breaststroke	41.70	42.40	314	24/01/15	Portsmouth Northsea Level 4 Time Trials	Portsmouth	SE150119	4
100 Breaststroke	1:32.43	1:33.80	307	06/07/14	Hampshire County Development Meet	Waterlooville	SE4414	3
200 Breaststroke	3:14.72	3:17.40	330	24/01/15	Portsmouth Northsea Level 4 Time Trials	Portsmouth	SE150119	4
50 Butterfly	44.30	44.70	166	30/11/13	HVWS Peter Bull Open Meet	Waterlooville	SE3967	3
200 Butterfly	3:34.62	3:36.10	173	03/10/14	Fareham Nomads Club Championships	Fareham	SE14315	4
50 Backstroke	36.63	37.20	327	05/10/14	14th James Moreno Open Meet	Southampton	SE4380	2
100 Backstroke	1:20.74	1:21.70	314	05/07/15	Guildford City Summer Festival	Guildford	SE150164	3
200 Backstroke	2:52.19	2:54.10	329	16/11/14	Hampshire Schools Championships	Waterlooville	SE14428	3
200 Individual Medley	3:00.31	3:02.50	308	16/10/14	Fareham Nomads Club Championships	Fareham	SE14319	4
400 Individual Medley	6:27.39	6:31.90	298	12/10/14	Fareham Nomads Club Championships	West Hill	SE14317	4
100 Individual Medley	1:23.34	1:23.30	311	22/11/14	Peter Bull Open Meet	Waterlooville	SE14580	3