

# Individual Best Times (All Time)

Lily-Mae Rolls - (837632) - Maidenhead ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	37.33	36.80	252	30/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
100 Freestyle	1:26.01	1:25.00	217	29/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
200 Freestyle	3:00.44	2:58.50	244	29/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
400 Freestyle	6:28.73	6:25.10	222	30/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
50 Breaststroke	49.07	48.40	209	29/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
100 Breaststroke	1:46.85	1:45.70	216	30/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
200 Breaststroke	3:41.42	3:39.00	239	30/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
50 Butterfly	45.33	44.90	156	29/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
100 Butterfly	1:41.75	1:41.00	162	29/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
50 Backstroke	43.90	43.40	229	30/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
100 Backstroke	1:34.19	1:33.30	225	30/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
200 Backstroke	3:18.02	3:16.30	240	29/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3
200 Individual Medley	3:16.65	3:14.60	263	30/06/13	Rushmoor Royals Summer Festival	Aldershot	SE3397	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.47	36.10	270	20/05/17	Maidenhead Marlins L4 Series Meet	Maidenhead	SE171360	4
100 Freestyle	1:21.21	1:22.20	236	17/11/13	Newbury Open Meet	Newbury	SE3360	3
200 Freestyle	2:58.32	3:00.30	236	17/11/13	Newbury Open Meet	Newbury	SE3360	3
400 Freestyle	6:33.38	6:36.90	203	19/01/13	Watford County Qualifier Open Meet	Watford	ER3035	3
50 Breaststroke	46.26	46.90	230	26/04/14	Maidenhead Marlins Level 4 Meet	Maidenhead	SE4366	4
100 Breaststroke	1:44.29	1:45.50	213	18/01/14	Staines Black Swan County Qualifier 2014	Elmbridge	SE4010	3
200 Breaststroke	3:37.58	3:40.00	236	07/12/13	Maidenhead Marlins Invitational Meet	Maidenhead	SE3955	3
50 Butterfly	42.83	43.30	184	26/04/14	Maidenhead Marlins Level 4 Meet	Maidenhead	SE4366	4
100 Butterfly	1:39.71	1:40.50	159	13/10/13	Berks & South Bucks Development Meet	Bracknell	SE3697	3
50 Backstroke	41.20	41.70	230	10/05/14	Maidenhead Marlins Level 4 Meet	Maidenhead	SE4366	4
100 Backstroke	1:24.53	1:25.50	273	20/05/17	Maidenhead Marlins L4 Series Meet	Maidenhead	SE171360	4
200 Backstroke	3:14.28	3:16.00	229	07/12/13	Maidenhead Marlins Invitational Meet	Maidenhead	SE3955	3
200 Individual Medley	3:14.25	3:16.30	246	18/01/14	Staines Black Swan County Qualifier 2014	Elmbridge	SE4010	3
100 Individual Medley	1:29.75	1:29.80	249	10/05/14	Maidenhead Marlins Level 4 Meet	Maidenhead	SE4366	4